

## Criterion III - Research and Outreach activities

### Key Indicator – 3.3 Outreach Activities

## REPORT OF EACH OUTREACH ACTIVITIES

**ACADEMIC YEAR: 2018-2019**

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**INDHIRA COLLEGE OF EDUCATION**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**ACADEMIC YEAR: 2018-2019**  
**REPORT 1**

**Date** : 06.08.2018  
**Place** : Kanagavalli puram village  
**Programme Category** : Tree Plantation

Our B.Ed & M.Ed students was a significant step promoting environmental sustainability.

The campus is adorned with saplings, nurturing a green sanctuary. These young trees whisper promises of a sustainable future, their tender leaves embracing the gentle breeze. Amidst the concrete jungle, they stand as symbols of hope, breathing life into the environment and inspiring stewardship among students, fostering a greener tomorrow.

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**TREE PLANTATION AT KANAGAVALLIPURAM VILLAGAE**

**6.08.2018**



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**TREE PLANTATION AT KANAGAVALLIPURAM VILLAGAE**

**6.08.2018**



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE  
INSTITUTION  
REPORT 2**

**Date** : 27.08.2018  
**Place** : PUE School, Thirupachur village  
**Programme Category** : Hand washing day

Our B.Ed & M.Ed students to creating awareness to school children on 27.08.2018. Hand Washing Day rallies school children, imparting vital hygiene practices. Through engaging activities and informative sessions, they grasp the importance of proper hand hygiene, safeguarding against illnesses. Empowered with knowledge, they become ambassadors, spreading the message of cleanliness, nurturing healthier communities one hand wash at a time.

**Awareness Programme - Hand washing day – PUE school, Thirupachur  
27.08.2018**



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**Awareness Programme - Hand washing day – PUE school, Thirupachur**

**27.08.2018**



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**INDHIRA COLLEGE OF EDUCATION  
REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE  
INSTITUTION  
REPORT 3**

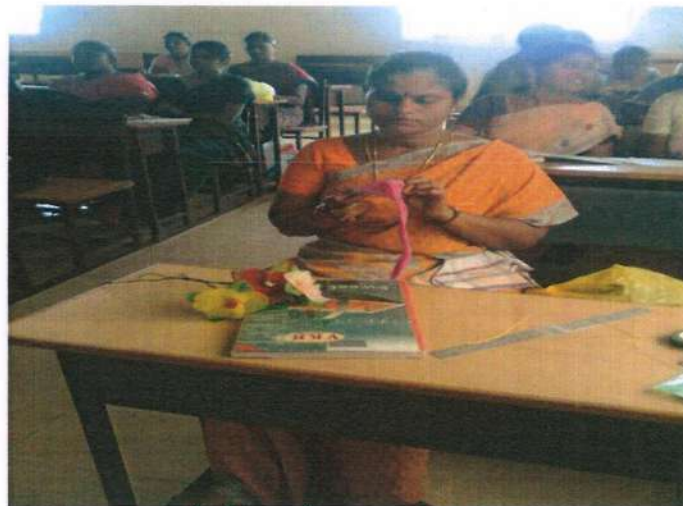
**Date : 08.09.2018**

**Place : Pandur Village**

**Programme Category : SUPW Class for Magalir suya uthavi kulu**

Our Students engaged in Socially Useful Productive Work (SUPW) for the "Magalir Suya Uthavi Kulu" at Pandur village on 08.09.2018 initiative, aiding women's welfare. The endeavor fostered social responsibility and empowered both students and women beneficiaries, promoting holistic societal development.

**SUPW Class for Magalir suya uthavi kulu on 08.09.2018**



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**SUPW Class for Magalir suya uthavi kulu at Pandur Village**



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 4**

**Date : 06.10.2018**

**Place : Pandur Village**

**Programme Category : YRC - Consumer Awareness Rally and Street Play**

B.Ed students organized a consumer awareness rally and street play on 6.10.2018 at Pandur village, engaging the community on consumer rights and responsibilities. Through vibrant performances and interactive displays, they highlighted issues like product safety and fair trade, fostering informed consumer choices. The event empowered future educators to advocate for consumer education in schools.

**Consumer Awareness Rally and Street Play on 6.10.2018**



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**Consumer Awareness Rally and Street Play on 6.10.2018**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT-5**

**Date** : 27.10.2018  
**Place** : Tiruvallur town  
**Programme Category** : Swachhta Bharath (clean India)

Swachh Bharat, or Clean India, promotes sanitation, hygiene, and waste management nationwide. It aims to eliminate open defecation, improve waste disposal systems, and ensure clean public spaces. Through awareness campaigns, infrastructure development, and community participation, Swachh Bharat strives to create a healthier and more sustainable environment for all citizens. Our students participated swachhta Bharath at tiruvallur town on 27.10.2018.

**Swachhta Bharath (clean India)**

**27.10.2018**



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Swachhta Bharath (clean India)

27.10.2018



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 7**

**Date : 03.11.2018**

**Place : Manjakuppam village**

**Programme Category : Awareness programme on Child Labour**

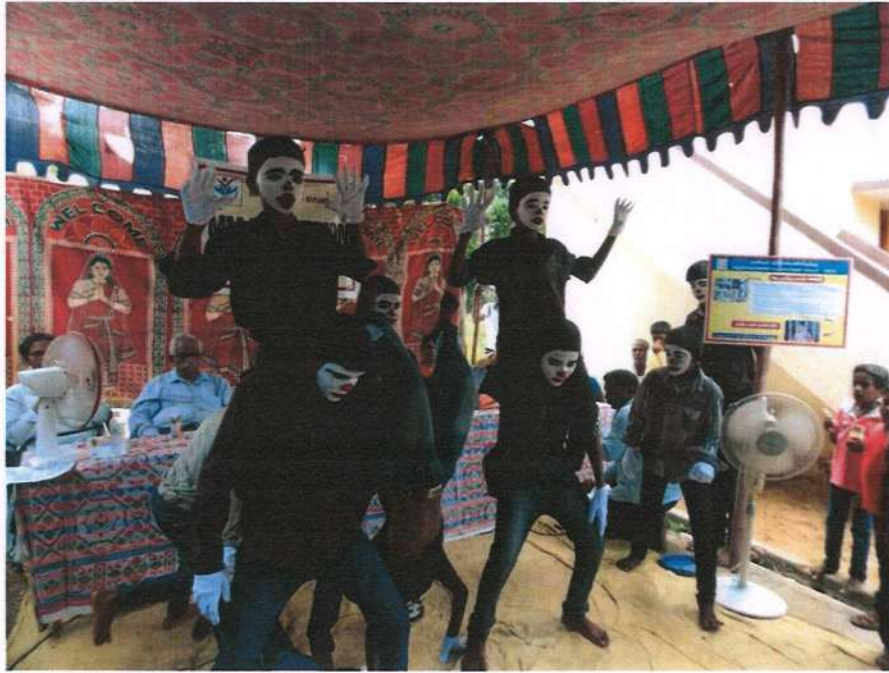
B.Ed and M.Ed students organized an enlightening awareness program on Child Labour in Manjakuppam village. They conducted interactive sessions, highlighting the detrimental effects of child labor on children's education and overall development. The students elucidated the importance of education and advocated for measures to eradicate this social menace. Through engaging activities and discussions, they sensitized the community about legal provisions and support systems available to combat child labor. The initiative aimed to foster a culture of child rights protection and inspire collective action towards ensuring every child's right to a safe and nurturing environment for growth and learning.

**Awareness programme on Child Labour on 3.11.2018**



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Awareness programme on Child Labour on 3.11.2018



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 8**

**Date : 24.11.2018**

**Place : St'John Ambulance group, Veppampattu.**

**Programme Category : Giving demo on First AID**

B.Ed & M.Ed students undergo first aid training to equip them with essential life-saving skills. They learn CPR, wound care, and handling emergencies. This knowledge prepares them to respond effectively to medical situations, ensuring safety in educational settings and beyond. Mr. Chandran giving demo on first Aid to our students.

**Demonstration class for first Aid by Mr. Chandran on 24.11.2018**



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE  
INSTITUTION  
INDHIRA COLLEGE OF EDUCATION  
REPORT 9**

**Date : 01.12.2018**

**Place : College campus**

**Programme Category : RRC –AIDS awareness programme**

Giving awareness to all workers at indhira college organized by our students. The AIDS awareness programme emphasized the importance of prevention, and destigmatization. Interactive sessions covered HIV transmission, prevention methods, and support resources. Through open dialogue and activities, students gained insights into addressing misconceptions and promoting inclusivity. The programme aimed to equip future educators with essential knowledge for fostering awareness and empathy.

**AIDS awareness programme**

**1.12.2018**



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AIDS awareness programme

1.12.2018



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 10**

**Date** : 28.1.2019  
**Place** : Thiruvallur Town  
**Programme Category** : Marathan for Voters Day

Celebrating Voter's Day with 30 B.Ed students involves interactive sessions on civic responsibility, electoral processes, and the significance of voting. Activities include mock elections, discussions on voter rights, and promoting active participation in democratic practices, empowering future educators to instill civic values in their students.

**Marathan for Voters Day**  
**28.01.2019**



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**Marathan for Voters Day**

**28.01.2019**



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 11**

**Date** : 02.02.2019  
**Place** : Makarishi, Yoga Centre, Kozhunthalur  
**Programme Category** : Yoga for Physical Health

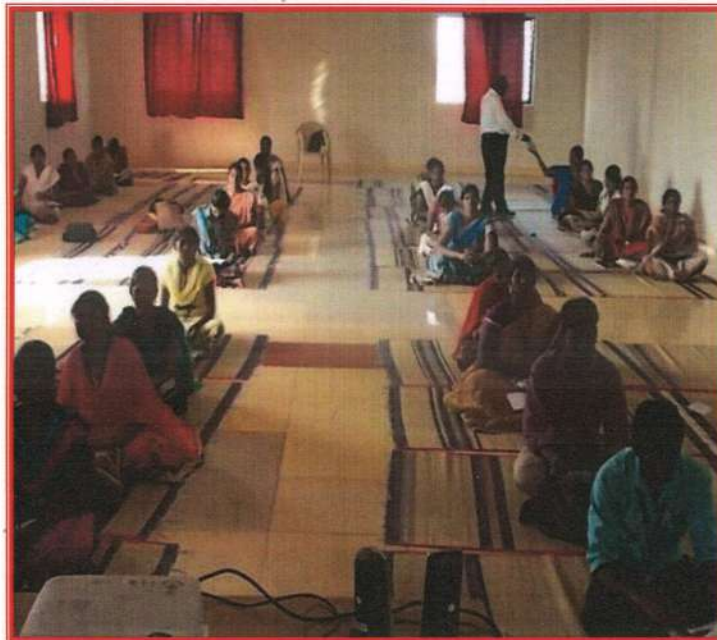
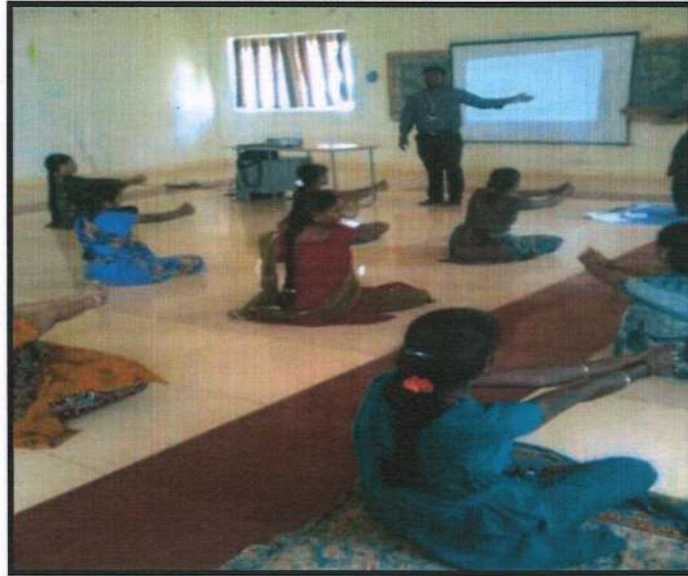
Our students actively participated in the Maharishi Yoga Center at Kozhunthalur village. They engaged in various yoga sessions conducted by experienced instructor Mr. Dasarathan, focusing on physical postures, breathing exercises, and meditation techniques. The students embraced the holistic benefits of yoga, enhancing their physical fitness, mental clarity, and emotional well-being. Through regular practice and guidance from the center, they cultivated a deeper understanding of self-care and stress management. The experience fostered a sense of inner peace and balance, equipping them with valuable tools for lifelong health and wellness.

**Yoga at Makarishi yoga centre on 2.2.219**



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Yoga at Makarishi yoga centre on 2.2.219



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 12**

**Date : 18.02.2019**

**Place : Makarishi Yoga centre, Kozhunthalur**

**Programme Category : Programme on Life Skill**

A life skills program for B.Ed and M.Ed students aims to enhance their personal, social, and professional competencies. It covers topics such as communication, critical thinking, problem-solving, and emotional intelligence. Through practical exercises, students develop essential skills to excel in teaching and in their personal lives. Our students attended programme on life skill conducted by Makarishi yoga centre.

**Programme on Life Skill**



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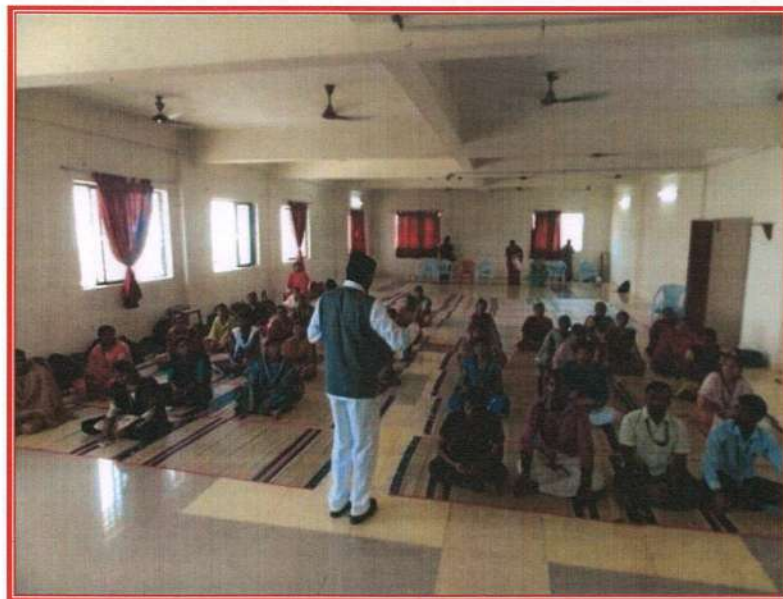
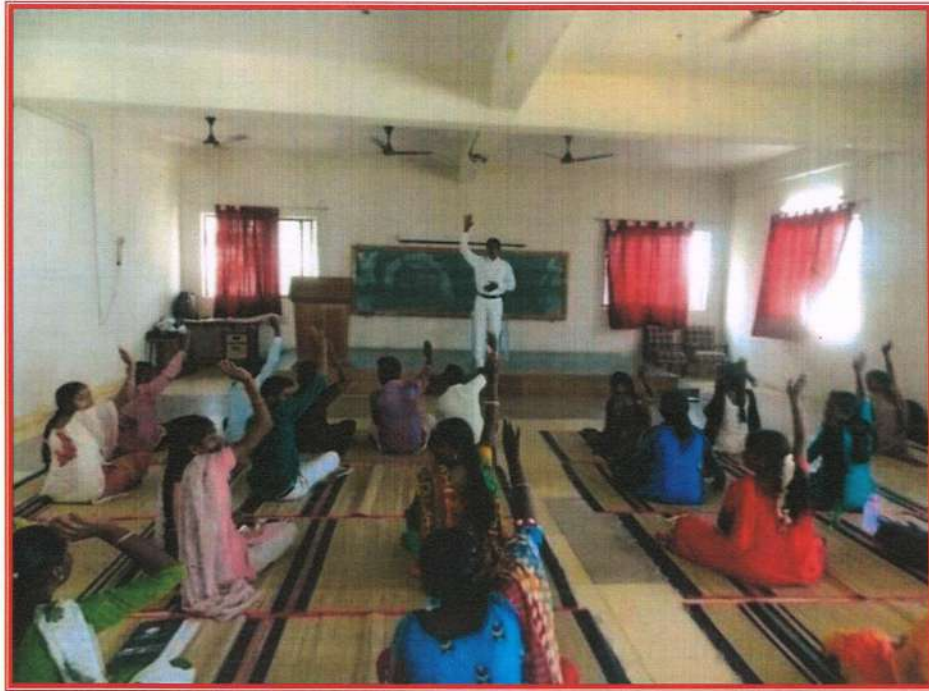
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**Programme on Life Skill**

**18.02.2019**



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 13**

**Date** : 09.03.2019  
**Place** : Siruvanur village  
**Programme Category** : Medical Camp

Indhira College of Education organized a medical camp at Siruvanur village on 9.3.2019 offering free health check-ups and consultations to the community. Services included general health screenings, blood pressure checks, and nutritional counseling. The camp aimed to promote health awareness and provide preventive care to underserved populations, benefiting numerous individuals in the locality.

**Medical Camp**  
**9.3.2019**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 14**

**Date** : 15.03.2019

**Place** : Thiruvallagadu village

**Programme Category** : Consumer Awareness Day – Rally at Thiruvallagadu village

Our students celebrated Consumer Awareness Day with a vibrant rally at Thiruvallagadu village on 15.03.2019. Participants marched through the streets, raising awareness about consumer rights and responsibilities. The event aimed to educate villagers on making informed choices and safeguarding against exploitation. It fostered a sense of empowerment among the community regarding consumer issues.

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**Consumer Awareness Day – Rally on 15.03.2019**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 15**

**Date** : 30.03.2019  
**Place** : Priyadharshini Dental College  
**Programme Category** : Dental Checkup

B.Ed & M.Ed students benefited from a free dental checkup organized on Priyadharshini Dental College. The initiative provided students with access to essential healthcare services, including consultations and screenings. This event promoted health awareness and underscored the institution's commitment to student well-being and holistic development.



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 18**

**Date : 08.04.2019**  
**Place : Pandur Village**  
**Programme Category : Conducted Adult Literacy programme**  
**at Pandur Village**

Pandur village hosted an adult literacy program, aiming to empower residents through education. The initiative provided basic literacy and numeracy skills to adults, enhancing their opportunities for personal and professional growth. Through interactive sessions and tailored curriculum, participants gained foundational knowledge, fostering a positive impact on the community's socio-economic landscape.



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 19**

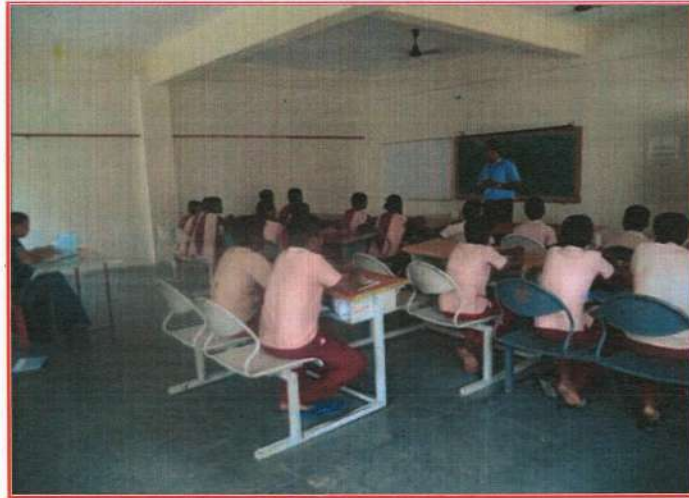
**Date** : 15.04.2019  
**Place** : Kuppama Chatriram  
**Programme Category** : Giving awareness on Personal Hygiene to School children at Kuppama Chatriram

Awareness sessions on personal hygiene were conducted for school children at Kuppama Chatriram. The program emphasized the importance of hand washing, dental care, and overall cleanliness. Through interactive activities and demonstrations, students learned practical techniques to maintain good hygiene habits, promoting health and well-being in the school community.

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**Giving awareness on Personal Hygiene to School children at Kuppama  
Chatriram on 15.04.2019**



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 18**

**Date** : 4.05.2019  
**Place** : Kadambathur village  
**Programme Category** : Eye donation camp

An eye donation camp was organized exclusively for B.Ed & M.Ed students, fostering awareness about the importance of eye donation at Kadambathur village on 4.5.2019. The event featured informational sessions and registration drives, encouraging students to pledge their eyes for donation after death. This initiative aimed to instill a sense of social responsibility and contribute to the cause of restoring vision for the needy.

**Eye donation camp on 4.5.2019**



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## Criterion III - Research and Outreach activities

### Key Indicator – 3.3 Outreach Activities

## REPORT OF EACH OUTREACH ACTIVITIES

**ACADEMIC YEAR: 2019-2020**



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**ACADEMIC YEAR: 2019-2020**  
**PROGRAMME ON “CELEBRATING LIFE”**  
**REPORT 1**

**Date** : 11.08.2019  
**Place** : Shelter Trust  
**Programme Category** : RRC- Programme on “Celebrating Life”

The "Celebrating Life" program, organized by Indhira College of Education collaboration with Shelter Trust on August 11, 2019, was a resounding success. The event aimed to spread joy and positivity among participants, fostering a sense of community and appreciation for life's blessings. Various activities including motivational speeches, cultural performances, and interactive games were held, engaging attendees of all ages. The program emphasized the importance of gratitude and resilience in overcoming life's challenges. Participants left with renewed spirits and a deeper appreciation for the beauty of life. Overall, the event was a testament to the power of unity and celebration in nurturing wellbeing.

  
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**RRC- PROGRAMME ON "CELEBRATING LIFE"  
COLLABORATION WITH SHELTER TRUSTE**

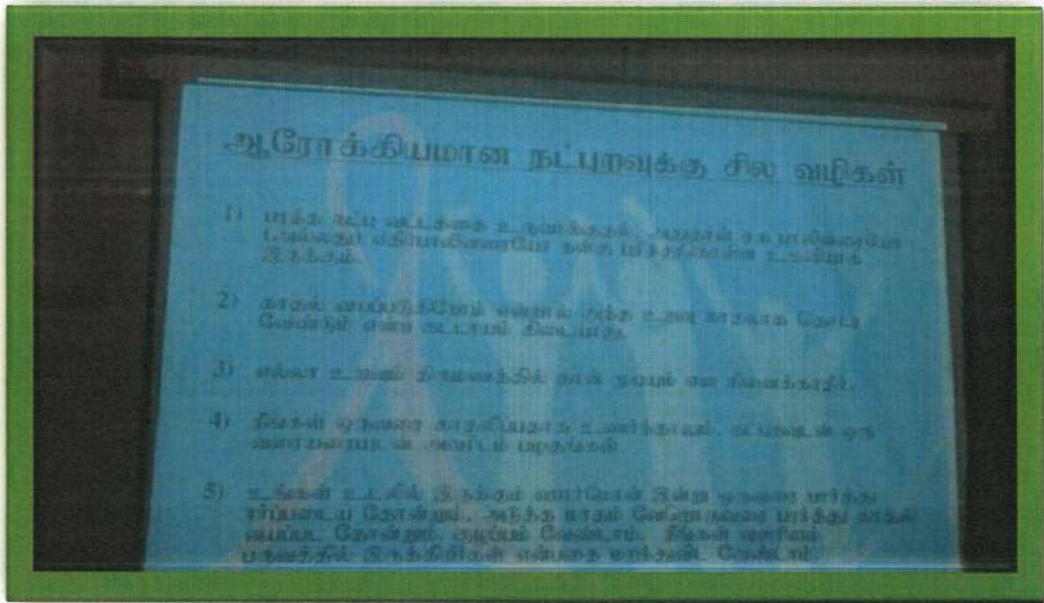
**11.08.2019**



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**RRC- PROGRAMME ON "CELEBRATING LIFE"  
COLLABORATION WITH SHELTER TRUSTE**

**11.08.2019**



**Slogan**



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## INDHIRA COLLEGE OF EDUCATION

### REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION REPORT 2

#### Motivational Speech to School Students

**Date** : 20.09.2019  
**Place** : CABIS TELC Hr. Sec. School.  
**Programme Category** : Motivational Speech

Time is a precious resource that, when managed effectively, can lead to increased productivity, reduced stress, and overall success. Mrs. J. Florance, Head Mistress of CABIS TELC Higher Secondary delivered welcome address. Dr. Radhika, Principal of Indhira College of Education, delivered an inspiring motivational speech to school children, encouraging them to dream big and work hard towards their goals. With passion and enthusiasm, she emphasized the importance of perseverance, resilience, and self-belief in achieving success. Dr. Radhika shared personal anecdotes and examples of famous personalities who overcame obstacles to reach greatness. Her speech resonated with the students, igniting a sense of determination and confidence within them. Overall, Dr. Radhika's address served as a catalyst for the students to strive for excellence and pursue their aspirations with unwavering determination.

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MOTIVATIONAL SPEECH TO CABIS TELC HR.SEC. SCHOOL  
STUDENTS 20.09.2019



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT 3**  
**YOUTH AWAKENING DAY**

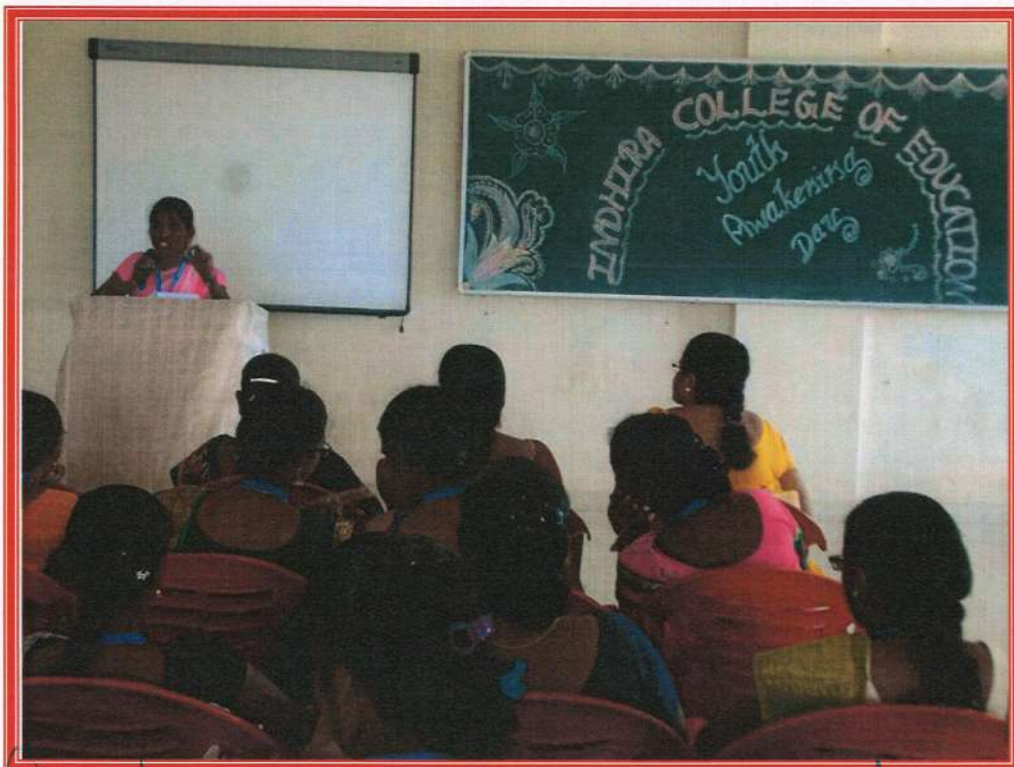
**Date : 15.10.2019**

**Programme Category : YOUTH AWAKENING DAY – Conducted**  
**Various competitions**

On Youth Awakening Day, Mrs. Radhika Vidyasagar delivered a compelling lecture on "The developmental ideas propounded by Dr. A.P.J. Abdul Kalam." She elucidated Dr. Kalam's visionary concepts on youth empowerment, education, and scientific progress. Mrs. Vidyasagar highlighted the importance of nurturing innovation and fostering a spirit of entrepreneurship among the youth, drawing from Dr. Kalam's own life experiences and teachings. Her engaging presentation inspired the audience to embrace Dr. Kalam's ideals and contribute towards societal development and progress. Overall, the lecture served as a poignant reminder of the transformative power of youth and their potential to shape a brighter future. Conducted various competition in the college premises.

  
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**YOUTH AWAKENING DAY**  
**15.10.2019**



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## ELOCUTION COMPETITION

### YOUTH AWAKENING DAY

15.10.2019

Lecture on "The developmental ideas propounded by Dr.A.P.J. Abdul Kalam"

Resource Person : Mrs. Radhika Vidyasagar



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**INDHIRA COLLEGE OF EDUCATION**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**

**REPORT 4 – Rally on Consumer Awareness**

**Date** : 28.10.2019

**Place** : Kaivandur Village

**Programme Category** : RRC- Rally on Consumer Awareness

Our B.Ed and M.Ed students organized an impactful awareness rally on consumer rights in Kaivandur village. With vibrant banners and informative materials in hand, the students traversed through the village, engaging residents in enlightening discussions. They elucidated key aspects of consumer protection laws, fair pricing, and product quality standards. The rally aimed to empower villagers with knowledge to make informed consumer decisions and advocate for their rights. The enthusiastic participation of both students and villagers fostered a sense of community awareness and responsibility. Overall, the rally served as a proactive initiative to promote consumer education and empowerment in Kaivandur village.

**Rally on Consumer Awareness Day 28.10.2019**



  
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**INDHIRA COLLEGE OF EDUCATION  
REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE  
INSTITUTION  
REPORT 5**

**Date : 2.11.2019**

**Place : Housekeeping working in our college- college campus**

**Programme Category : YRC – Adult Literary Programme**

The Adult Literary Programme aimed to promote literacy among adults through engaging activities. The Adult Literary Programme for housekeeping at Indhira College of Education on 2.11.2029 aimed to enhance their literacy skills and promote personal development. Participants engaged in practical exercises and discussions, fostering a supportive learning environment. Through the programme, housekeeping gained confidence in their abilities and expressed enthusiasm for continued learning. The initiative not only contributed to their professional growth but also fostered a sense of inclusion and empowerment within the college community.

**Adult Literary Programme 2.11.2019**



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Adult Literary Programme 2.11.2019



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*Ajay Permile*

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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**REPORT-6**  
**SWACHHTA BHARATH - CLEAN INDIA**

**Date** : 23.11.2019

**Place** : Indhira College Campus

**Programme Category** : Swachhta Bharath - clean India

Swachh Bharat, or Clean India, promotes sanitation, hygiene, and waste management nationwide. It aims to eliminate open defecation, improve waste disposal systems, and ensure clean public spaces. Through awareness campaigns, infrastructure development, and community participation, Swachh Bharat strives to create a healthier and more sustainable environment for all citizens.

**CAMPUS CLEANING PROGRAMME UNDER SWACHHTA BHARATH**

**23.11.2019**



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**PANDUR, TIRUVALLUR-631 203**

**CAMPUS CLEANING PROGRAMME UNDER SWACHHTA BHARATH**

**23.11.2019**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**TREKKING AT GOODIUM CAVE - REPORT 7**

**Date** : 29.11.2019  
**Place** : Goodium village  
**Programme Category** : Trekking

The trekking expedition to Goodium Cave on November 29, 2019, organized by the NSS unit of Indhira College of Education, was a memorable experience. Participants embarked on a journey of exploration and adventure, navigating through the rugged terrain and lush landscapes. The trek provided opportunities for team building, physical exercise, and appreciation of nature's beauty. As they delved deeper into the cave, participants discovered hidden wonders and learned about the significance of preserving natural habitats. The expedition fostered a sense of camaraderie among participants while promoting environmental awareness and conservation efforts.

**TREKKING AT GOODIUM CAVE on 29.11.2019**



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**TREKKING AT GOODIUM CAVE on 29.11.2019**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**VISIT TO NARKARUNAI ILLAM**  
**REPORT 8**

**Date** : 12.12.2019  
**Place** : Narkarunai Illam, Veerapuram  
**Programme Category** : Visit to Orphanage- Narkarunai Illam

The visit to Narkarunai Illam at Veerapuram on December 7, 2023, organized by Indhira College of Education, was a heartwarming experience. Students had the privilege to serve food to mentally challenged individuals, spreading joy and compassion. Interactions with the residents provided insights into their lives and challenges. The event emphasized empathy, social responsibility, and the importance of community service. Participants left with a deeper appreciation for the resilience and dignity of individuals with disabilities, reaffirming their commitment to making a positive difference in society.

**VISIT TO NARKARUNAI ILLAM ON 12.12.2019**



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VISIT TO NARKARUNAI ILLAM ON 12.12.2019



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**CREATING AWARENESS ON PERSONAL HYGIENE FOR WOMEN**  
**REPORT 9**

**Date** : 21.12.2019

**Place** : Thirumugugan Arts and Science college

**Programme Category** : Awareness programme on Personal Hygiene

Mrs. N. Jayavardhini, Assistant Professor conducted a comprehensive awareness program on personal hygiene, emphasizing its significance in maintaining health and preventing diseases. Through engaging sessions, held at Thirumugugan Arts and Science College for Women on 21.12.2019, attendees learned about proper handwashing techniques, dental care, and the importance of regular bathing. Mrs. Jayavardhini highlighted the role of personal hygiene in preventing the spread of infections, especially amidst the current COVID-19 pandemic. Interactive discussions and practical demonstrations enhanced participants' understanding and encouraged them to adopt healthy habits. By promoting personal hygiene practices, the program aimed to empower individuals to safeguard their well-being and contribute to community health.

A handwritten signature in green ink, appearing to read "A. Jayavardhini".

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# CREATING AWARENESS ON PERSONAL HYGIENE FOR GIRLS

21.12.2019



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**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE  
INSTITUTION  
INDHIRA COLLEGE OF EDUCATION  
SUPW CLASS  
REPORT 10**

**Date** : 20.12.2019  
**Place** : Ponnusamy Nadar College  
**Programme Category** : SUPW programme conducted


The SUPW (Socially Useful Productive Work) class organized by at Indhira College of Education to Ponnu swamy nadir college for women aimed to provide students with practical skills and knowledge to engage in productive activities beyond the classroom. Organized by Ms. J. Lizzie, Assistant Professor, Mrs. D. Jayakumari, Assistant Professor and Mrs. D. Shirly, Resource Person the workshop focused on empowering students with hands-on experiences in various crafts and activities.

**Jewellery Making, Pillow Making, Pot Paining, News paper cutouts:**

- Participants received an overview of different types of Jewellery Making, Pillow Making, Pot Paining, News paper cut outs and the techniques involved in their creation.
- They learned about various materials used in jewellery making, including beads, wires, and findings. In Pot Painting including pot, colour paint and Brush. In Pillow Making including Saton Cloth, Needle, Thread, Scale.

**Highlights:**

- Creativity Unleashed: The workshop provided a platform for participants to unleash their creativity and express themselves through Jewellery Making, Pillow Making, Pot Paining, News paper cut.
- Skill Enhancement: Students developed practical skills in Jewellery Making, Pillow Making, Pot Paining, News paper cut techniques, from basic to advanced, enabling them to create their own pieces of wearable art.

  
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- Personalized Learning: The workshop encouraged personalized learning experiences, allowing students to explore their individual interests and styles in Jewellery Making, Pillow Making, Pot Paining, News paper cut.
- Entrepreneurial Opportunities: Participants gained insights into the potential entrepreneurial opportunities in jewellery making, empowering them to pursue their passion as a potential career path.

### **Conclusion:**

The SUPW Workshop on Jewellery Making conducted by by Ms. J. Lizzie, Assistant Professor, Mrs. D. Jayakumari, Assistant Professor and Mrs. D. Shirly, Resource were a stimulating and enriching experience for participants. Through hands-on activities and personalized guidance, students not only honed their Jewellery Making, Pillow Making, Pot Paining, News paper cut skills but also explored their creativity and potential career avenues in the field. Such workshops play a pivotal role in fostering holistic development and empowering students to pursue their interests and passions beyond the confines of traditional academics.

### **SUPW CLASS CONDUCTED TO PONNU SWAMY NADIR COLLEGE GIRLS**

**20.12.2019**



*Ajeey Renuka*  
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SUPW CLASS CONDUCTED TO PONNU SWAMY NADIR COLLEGE GIRLS

20.12.2019



*A. Jayaram*

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SUPW CLASS CONDUCTED TO PONNU SWAMY NADIR COLLEGE GIRLS

20.12.2019



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**TREE PLANTATION - REPORT 11**

**Date** : 04.1.2020  
**Place** : Tiruvallur Collector Office  
**Programme Category** : Tree Plantation

On April 1, 2020, students from Indhira College of Education, pursuing B.Ed and M.Ed programs, enthusiastically participated in a tree plantation drive to Thiruvallur Collector Office. With a shared commitment to environmental stewardship, they planted a variety of saplings, contributing to local biodiversity and combating climate change. Collaborating with local authorities and environmental organizations, the event fostered a sense of responsibility towards nature among the students. Through hands-on experience and educational activities, they learned about the vital role of trees in ecosystem health. This initiative reflects the college's dedication to cultivating environmentally conscious leaders and making a positive impact on the community.

Trees highly contribute to a clean environment as they improve air quality through the process of photosynthesis. There is no doubt that activities strength the communities.

  
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**TREE PLANTATION 04.1.2020**



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**TREE PLANTATION 04.1.2020**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**COMMUNITY ENGAGEMENT – TAKING FREE CLASSES FOR TRIBAL**  
**STUDENTS**  
**REPORT 12**

**Date** : 8,15,22,29<sup>th</sup> February 2020

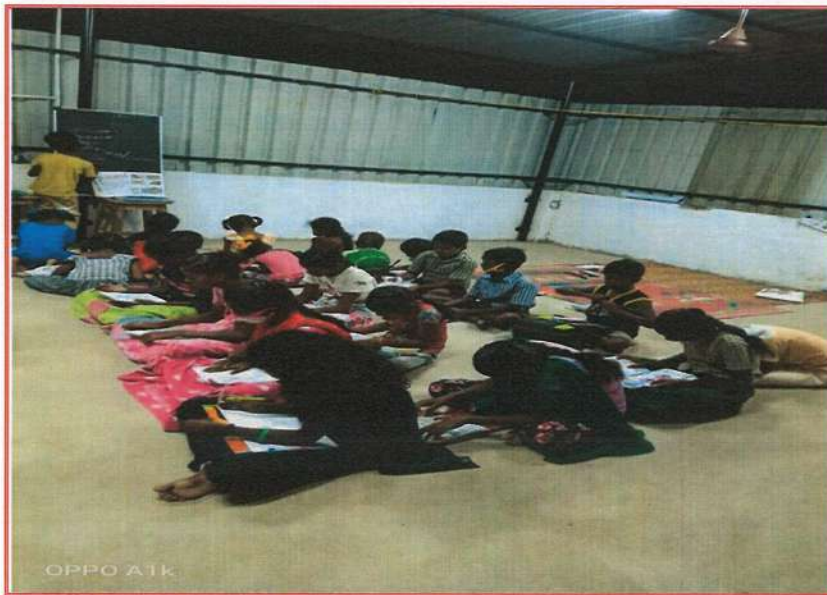
**Place** : Goodiyam village

**Programme Category** : Classes for Tribal village students

Indhira College of Education B.Ed students initiated free classes for tribal students held every Saturday throughout the month of February. Aimed at bridging educational gaps and empowering marginalized communities, these classes provided essential academic support and guidance. Dedicated faculty members and volunteers from the college facilitated interactive sessions, covering various subjects and skills tailored to the students' needs. Beyond academics, the program fostered a nurturing environment for holistic development, emphasizing values such as teamwork, leadership, and confidence-building. By extending educational opportunities to tribal students, the college demonstrated its commitment to inclusive education and social responsibility, paving the way for a brighter future.

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**TAKING FREE CLASSES FOR TRIBAL STUDENTS BY INDHIRA COLLEGE  
OF EDUCATION B.ED STUDENTS 8,15,22,29<sup>th</sup> February 2020**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**ANTI RAGGING AWARENESS PROGRAMME AND STREET PLAY**  
**REPORT 13**

**Date** : 17.02.2020  
**Place** : Venkateswara College of Engineering and  
Technology  
**Programme Category** : Anti Ragging

On 17th February 2020, Indhira College of Education organized an anti-ragging program at Venkateshwara College to raise awareness and prevent incidents of ragging. The program featured informative sessions, interactive workshops, and testimonials emphasizing the harmful effects of ragging on students' mental and physical well-being. Legal provisions and disciplinary actions against ragging were discussed, promoting a zero-tolerance policy. Through collaborative efforts, students were empowered to create a safe and inclusive campus environment, fostering mutual respect and camaraderie. The initiative aimed to instill a culture of empathy and responsibility, ensuring every student's right to a dignified and harassment-free educational experience.

  
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**ANTI RAGGING AWARENESS PROGRAMME AND STREET PLAY**

**17.02.2020**



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PANDUR, TIRUVALLUR-631 203

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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**PROGRAMME ON MEENDUM MANJAPAI (YELLOW BAG)**  
**REPORT 14**

**Date** : 24.03.2020  
**Place** : Kaivandur villege  
**Programme Category** : Awareness programme on “Meedum Manjapai”

Indhira College of Education organized an impactful awareness program to advocate for the reduction of plastic usage. The event, held on 24.03.2020 at Kaivandur village giving awareness on Yellow bag, aimed to educate students and the community on the detrimental effects of plastic pollution. Through informative presentations, interactive discussions, and visual aids, participants learned about sustainable alternatives and practical tips to minimize plastic consumption in daily life.

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Awareness programme on "Meedum Manjapai"

24.03.2020



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE**  
**INSTITUTION**  
**AWARENESS PROGRAMME ABOUT COVID-19 – ONLINE WEBINAR**  
**REPORT 15**

**Date** : 15.05.2020

**Place** : webinar

**Programme Category** : Awareness Programme about Covid-19

Indhira College of Education conducted an insightful online webinar to raise awareness about COVID-19. Held on 15.05.2020, the webinar aimed to educate participants about the pandemic's implications and preventive measures. Expert speakers provided up-to-date information on the virus, transmission modes, and the importance of vaccination. Interactive sessions facilitated discussions on coping strategies, mental health, and debunking myths surrounding COVID-19. Attendees were encouraged to adhere to safety protocols and contribute to community health efforts. By fostering understanding and promoting responsible behavior, the college demonstrated its commitment to public health amidst the pandemic.

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# AWARENESS PROGRAMME ABOUT COVID-19

15.05.2020



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## Criterion III - Research and Outreach activities

### Key Indicator – 3.3 Outreach Activities

## REPORT OF EACH OUTREACH ACTIVITIES

**ACADEMIC YEAR: 2020-2021**



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## **INDHIRA COLLEGE OF EDUCATION (12306)**

**No.1 V.G.R Gardens, V.G.R.Nagar, Pandur, Thiruvallur-631203.**

### **NATIONAL SERVICE SCHEME ACTIVITY REPORT 2020-2021**

*submitted to*

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**

**Gangaiammankovil Street, Karapakkam, Chennai- 97.**

*Ajay Perumal*

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INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

**Principal : Dr. Radhika Vidyasagar**

**Programme Officer : Mr. A. Jayapaul**

## **NATIONAL SERVICE SCHEME**

### **ACTIVITY REPORT 2020-2021**

**ACTIVITIES AHEAD...**



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**PANDUR, TIRUVALLUR-631 203**

**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                      01  
Date                                : 08.08.2020  
Place                                : International level webinar  
Programme Category        : Swachhta& Health

International webinar on Introduction to Lean six sigma was our initial accomplishment which had added a feather to our crown. Upgrading ourselves with the changing times and cruising through the digital transformation in online learning a webinar was hosted were 484 participants benefited across the world through the free conference call platform.

Lean Six Sigma is a concept on identifying, sorting and removing the waste systematically to improve performance in all walks of life. Managing the wastes in whatever we do gains its significance today.

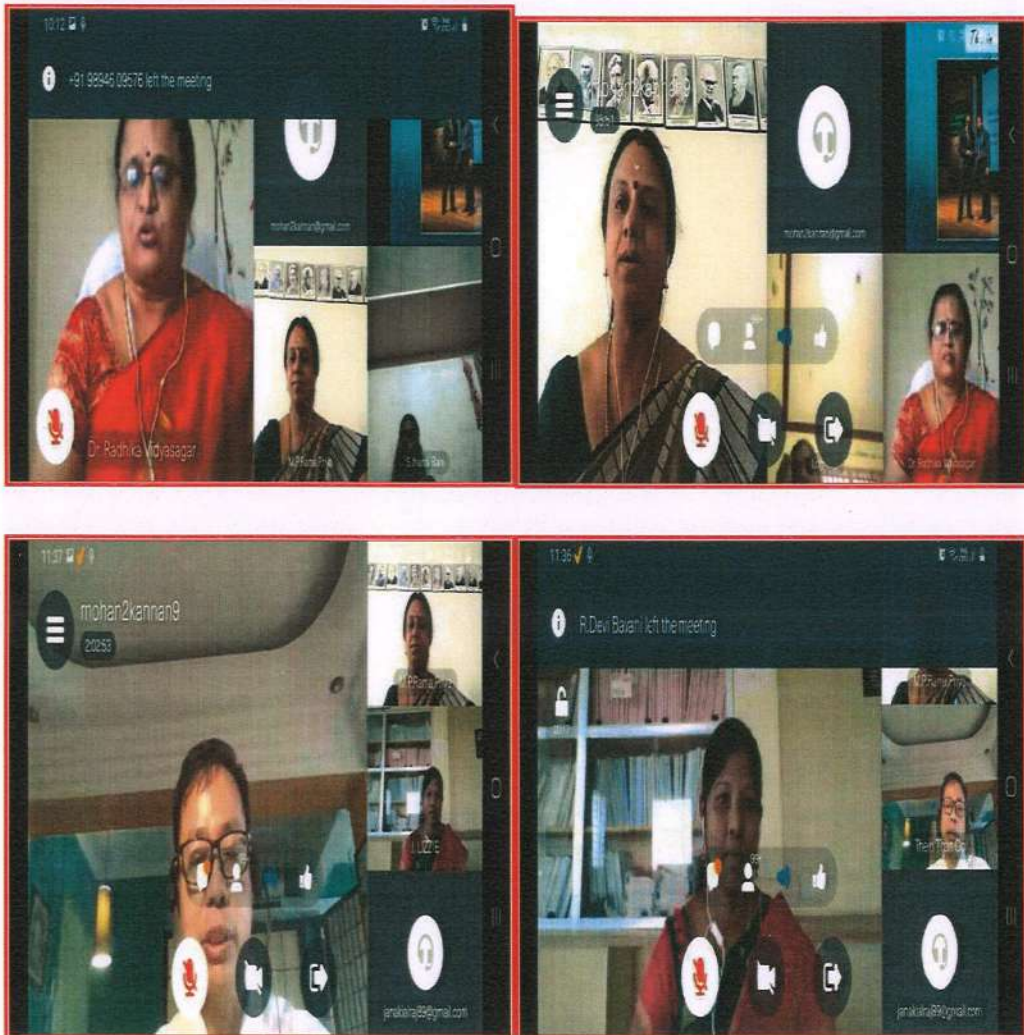
NSS unit of Indhira College of Education is proud that we had the privilege and opportunity of acknowledging the presentation of Mr.Thein Than Oo (Andrew), Associate Adult Educator, IAL -Skills Future Singapore served as the resource person.



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    01  
Date                             : 08.08.2020  
Place                         : International level webinar  
Programme Category        : Swachhta & Health



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# INDHIRA COLLEGE OF EDUCATION



No.1, V.G.R. Gardens, V.G.R. Nagar, Pandur, Tiruvallur Dist, TamilNadu, India - 631 203

(Approved by NCTE/ Affiliated to the Tamil Nadu Teachers Education University)

Re-accredited by National Assessment and Accreditation Council (NAAC) B++ Grade

## E- Certificate of Appreciation

*This is to certify that*

has participated in the International Webinar on Introduction to Lean Six Sigma Training held on  
08-08-2020 organized by Indhira College of Education, Pandur, Tiruvallur District, TamilNadu, India.

**Mr. A. JAYAPPAUL**  
Assistant Professor  
NSS Programme Officer

**Mr. Thein Than Oo (Andrew)**  
Associate Adult Educator  
(IAL – Skills Future Singapore)  
Resource Person

**Dr. Radhika Vidyasagar**  
Principal, ICOE  
Convenor

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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
&

**INDHIRA COLLEGE OF EDUCATION**

**NATIONAL SERVICE SCHEME**

**NO.1, V.G.R GARDENS, V.G.R. NAGAR, PANDUR,  
THIRUVALLUR DIST, TAMILNADU, INDIA -631 203**

**(Approved by NCTE / Affiliated to the TamilNadu Teachers Education Univeristy)  
Re-accredited by National Assessment and Accrediation Council (NAAC) B++ Grade**

**INTERNATIONAL WEBINAR  
ON**

**INTRODUCTION TO LEAN SIX SIGMA**

**August 08,2020@10:00am**

**Resource Person**

**Mr. Thein Than Oo (Andrew)**

**Associate Adult Educator**

**(IAL - SkillsFuture Singapore)**



**Patron**

**Dr. Radhika Vidyasagar  
Principal**

**Organizing Secretary**

**Ms. J. Lizzie  
Assistant Professor**

**Chief Patrons**

**Mr. V.G. Raajendran  
Chairman**

**Mrs. Indira Raajendran  
Managing Director**

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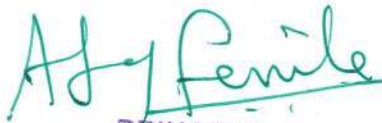
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    02  
Date                            : 15.08.2020  
Place                            : Gudiyam Village, Uthukottai Taluk, Thiruvallur District.  
Programme Category        : Community Engagement

We are happy that we were able to serve the needy people through our NSS unit of Indhira College of Education. We felt that medical analysis for the tribal people is the need of the hour in this COVID-19 pandemic Hence we conducted a medical camp on 15.08.2020 for the tribal people of Gudiyam Village.

Dr. Solomon and his team graced the occasion and carried out the medical camp. Our heartfelt appreciation and gratitude goes to him for his extraordinary service rendered. 167 tribal people were benefitted.

We take the pride that we were the first to conduct the medical camp in that village. We are happy that we could reach them for medical services, where nobody else has conducted.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    02  
Date                            : 15.08.2020  
Place                            : Gudiyam Village, Uthukottai Taluk, Thiruvallur District.  
Programme Category       : Community Engagement



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                      03  
Date                                : 17.08.2020  
Place                                : District level webinar  
Programme Category        : Swachhta& Health

We the Indhira College of Education in the motto of creating awareness on Fundamental duties of every citizen organized a District level webinar. Prospective Teachers were the target people who had the privilege of witnessing the presentations of Tr. Selvanadhan ,Principal District Judge, Thiruvallur District, Tmt. Saraswathi, Secretary/ Senior Civil Judge, DLSA Thiruvallur District and Prof.Udayakumar, Guest lecturer of Tamil Nadu Dr. Ambedkar Law University.

Ample inputs on fundamental duties of every citizen to uphold and protect the Sovereignty, Unity and Integrity of India was made known to the future teachers, Students participated enthusiastically and raised their doubts. Doubts were clarified by the honorable Judges. Vote of thanks was delivered by Dr.Radhika Vidyasagar, Principal, Indhira College of Education, Thiruvallur District. The total beneficiaries were 98 teacher educators.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    03  
Date                            : 17.08.2020  
Place                            : District level webinar  
Programme Category        : Swachhta& Health



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**PANDUR, TIRUVALLUR-631 203**



**DISTRICT LEGAL SERVICES AUTHORITY**

**&**

**TAMIL NADU TEACHERS EDUCATION UNIVERSITY**

**INDHIRA COLLEGE OF EDUCATION**

**NATIONAL SERVICE SCHEME**

**jointly organising**

**Awareness Programme through Webinar to  
the Students of Bachelor of Education**

**on**

**FUNDAMENTAL DUTIES**

**(Duty of Every Citizen of India to Uphold and Protect  
the Sovereignty, Unity and integrity of India)**

**Chairman: Tr.J.SELVANADHAN, B.Sc., B.L.,**  
Principal District Judge, Tiruvallur

**Speakers: Tmt.G.SARASWATHI,**  
Secretary / Senior Civil Judge, DLSA Tiruvallur

**Dr.Radhika Vidyasagar,**  
Principal, Indhira College of Education, Tiruvallur

**Prof.V.Udayakumar,**  
Guest Lecturer, Tamil Nadu Dr. Ambedkar Law University, Tharamani

**Date : 17th August 2020**

**Time : 2.30 p.m.**

**Zoom Meeting ID :**

**772 2252 6529**

**Zoom Link**

**<https://us04web.zoom.us/j/77222526529?pwd=LzBvVjZwWVB5M3RlVFpjdDREtjWnJlMUT09>**


**INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203**

**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                      04  
Date                                : 18.08.2020  
Place                              : Gudiyam Village, Uthukottai Taluk, Thiruvallur District.  
Programme Category : Community Engagement

We the NSS unit of Indhira College of Education is actively engaged in the extension activities serving the community. As a part our service, we distributed a bag containing essential provisions for a week to overcome their hunger fast due to their lockdown of COVID - 19.

We were able to serve 62 families in the Gudiyam village. It is an added pleasure to serve our adopted village people.

  
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PANDUR, TIRUVALLUR-631 203

**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    04  
Date                            : 18.08.2020  
Place                          : Gudiyam Village, Uthukottai Taluk, Thiruvallur District.  
Programme Category       : Community Engagement




*Ajay Perite*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203



**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    05  
Date                            : 21.08.2020  
Place                          : Place Palayam, Thiruvallur District.  
Programme Category       : Community Engagement

We the NSS unit of Indhira College of Education is actively engaged in the extension activities serving the community. As a part our service, providing basic educational kits to the needy children of a remote village gave us a rich experience of serving Place Palayam village children. 34 children of that village were provided with the stationery kits through our NSS unit. We are happy that we could serve them in this Covid-19 lockdown period.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    05  
Date                            : 21.08.2020  
Place                            : Place Palayam, Thiruvallur District.  
Programme Category       : Community Engagement

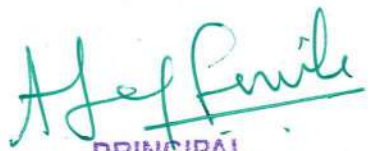


*Ajay Ganesh*  
**PRINCIPAL**  
**INDHIRA COLLEGE OF EDUCATION**  
**PANDUR, TIRUVALLUR-631 203**

**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    06  
Date                             : 25.08.2020  
Place                            : Gudiyam, Thiruvallur District.  
Programme Category        : Community Engagement

We the NSS unit of Indhira College of Education is actively engaged in the extension activities serving the community. As a part our service, distributed Provisions, Clothing and Food to 63 families of Gudiyam village through our NSS unit.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    06  
Date                            : 25.08.2020  
Place                          : Gudiyam, Thiruvallur District.  
Programme Category       : Community Engagement




*Ajeetha*

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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No            07  
Date                    : 03.09.2020  
Place                 : Pandur, Thiruvallur District.  
Programme Category   : Community Engagement

We the NSS unit of Indhira College of Education is actively engaged in the extension activities serving the community. As a part our service, Afforestation is the best service one do to this environment. NSS of Indhira College of Education has stepped in to serve the environment by planting 700 trees in and around Pandur village. These saplings would be planted this whole week from (1.09.2020 to 7.09.2020).

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    07  
Date                            : 03.09.2020  
Place                          : Pandur, Thiruvallur District.  
Programme Category       : Swachhta&Health




*Ajeey Perinte*  
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PANDUR, TIRUVALLUR-631 203

**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    08  
Date                            : 07.09.2020  
Place                            : Varathapuram, Thiruvallur District.  
Programme Category        : Community Engagement

Education brings out the hidden talents in a child and makes doing a good citizen of the country. Village are the back bone of our country and creating awareness among the rural children of villages is found to be essential and hence educational awareness was given to children of Varathapuram village by our staff team through NSS unit. Educational kit was also provided to Varathapuram children of that village.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**

**NATIONAL SERVICE SCHEME**

**ACTIVITY REPORT**

Activity No                    08  
Date                            : 07.09.2020  
Place                            : Pandur, Thiruvallur District.  
Programme Category        : Swachhta& Health




*Ajeeyan*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203



**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                      09  
Date                                : 10.09.2020  
Place                              : Placepalayam, Thiruvallur District.  
Programme Category        : Community Engagement

Our motto is to reach out all the under privileged villages. in that way we the NSS unit Of Indhira college of Education stepped into the village of Placepalayam where the people suffer for their livelihood especially due to the lock down. We distributed a saree , Rice bags and food packets to all the families to meet out their needs.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**

**NATIONAL SERVICE SCHEME**

**ACTIVITY REPORT**

Activity No            09

Date                     : 10.09.2020

Place                 : Pandur, Thiruvallur District.

Programme Category   : Swachhta& Health




*Ajay Kumar*  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    10  
Date                            : 15.09.2020  
Place                         : Kattrayakunda, Thiruvallur District.  
Programme Category    : Community Engagement

Food packets were distributed to the people of Kattrayakunda. This village is a place where there is no electricity and basic amenities till date. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of food on 15.09.2020.

  
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PANDUR, TIRUVALLUR-631 203

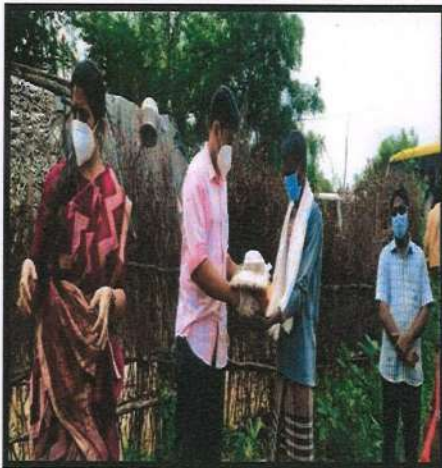
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No            10

Date                     : 15.09.2020

Place                 : Kattrayakunda, Thiruvallur District.

Programme Category   : Community Engagement



*Ajay Kumar*  
PRINCIPAL  
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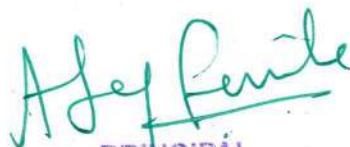
**INDHIRA COLLEGE OF EDUCATION (12306)**

**NATIONAL SERVICE SCHEME**

**ACTIVITY REPORT**

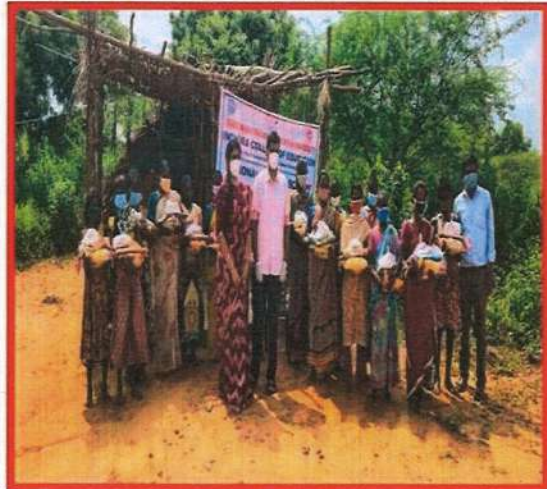
Activity No                    11  
Date                            : 18.09.2020  
Place                            : Kuppathupalayam, Thiruvallur District.  
Programme Category        : Community Engagement

Rice bags were distributed to the poor people of Kuppathupalayam of 23 families through our NSS Unit of Indhira College of Education. People showed their gratitude and were happy. This service was carried out on 18.09.2020

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    11  
Date                            : 15.09.2020  
Place                          : Kattrayakunda, Thiruvallur District.  
Programme Category       : Community Engagement




*Ajay Arund*  
PRINCIPAL  
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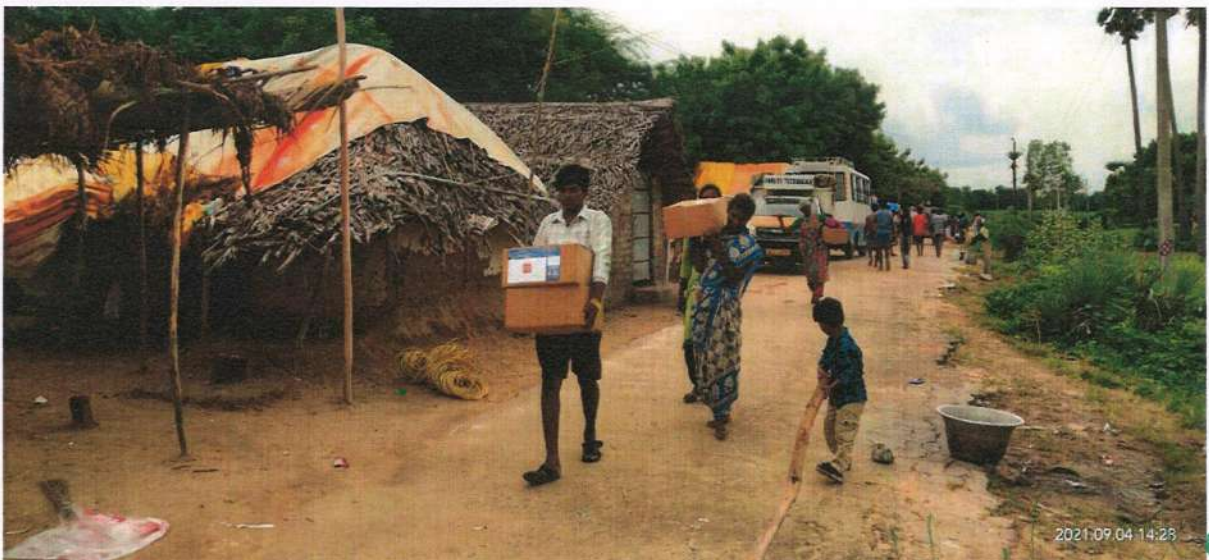
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                    12  
Date                            : 21.09.2020  
Place                         : Indhira College of Education, Thiruvallur District.  
Programme Category       : Community Engagement

Teenagers face lot of changes in their emotional and physical health. Girls of this age experience it more compared to boys. Menstrual cycle is their big head ache. Cleanliness and personal hygiene during their cycle is the significant factor to overcome many gynecological issues. Awareness programme was conducted by our NSS unit of Indhira College of Education to 30 no of teenagers (girls) and were issued organic napkin pads to overcome their struggles. In addition to it, this awareness programmed is planned to be conducted every week and 30 teenagers of various villages will be benefitted by this programme.

  
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DISTRIBUTION OF ESSENTIAL KIT TO VILLAGERS.




*[Handwritten Signature]*  
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PANDUR, TIRUVALLUR-631 203



**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

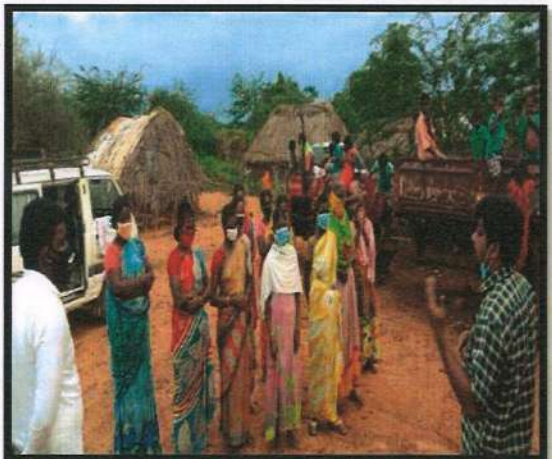
Activity No                      13  
Date                                : 24.09.2020  
Place                                : Kuppahupalayam, Thiruvallur District.  
Programme Category        : Community Engagement

Women care is our main care owing to their thought, we gave awareness to all ladies of a particular village (Kuppahupalayam), explained how to care their menstrual cycle, how to keep them clean and safe. they were also provided with hygiene care essential kit along with organic Napkins. NSS unit takes pricle in serving ladies.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                                    13  
Date    : 24.09.2020  
Place    : Kuppathupalayam, Thiruvallur District.  
Programme Category    : Community Engagement




*Ajeey Periyal*  
PRINCIPAL  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No : 14  
Date : 26.09.2020  
Place : Kuppathupalayam, Thiruvallur District.  
Programme Category : Community Engagement

Food was distributed to the people of Kuppathupalayam. This village is a place where there is no electricity and basic amenities till date. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of food.

  
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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**ACTIVITY REPORT**

Activity No                                    14  
Date    : 24.09.2020  
Place    : Kuppathupalayam, Thiruvallur District.  
Programme Category    : Community Engagement



*Ajay Pente*  
PRINCIPAL  
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**INDHIRA COLLEGE OF EDUCATION (12306)**

**NATIONAL SERVICE SCHEME**

**ACTIVITY REPORT**

Activity No                    15  
Date                            : 30.09.2020  
Place                            : Mathakoil, Thiruvallur District.  
Programme Category    : Community Engagement

Education brings out the hidden talents in a child and makes doing a good citizen of the country. Village are the back bone of our country and creating awareness among the rural children of villages is found to be essential and hence educational awareness was given to children of Mathakoil village by our staff team through NSS unit. Children's Day was celebrated in Mathakoil, Educational kit was also provided to Mathakoil children of that village.

*Ajeetha*

PRINCIPAL

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INDHIRA COLLEGE OF EDUCATION (12306)

NATIONAL SERVICE SCHEME

ACTIVITY REPORT

Activity No 15

Date : 30.09.2020

Place : Mathakoil, Thiruvallur District.

Programme Category : Community Engagement



*Ajay Rente*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203


## SAP CERTIFICATE



# Certificate

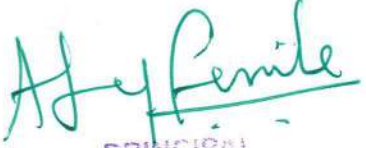


*This is to certify that Indhira College of Education, Thiruvallur, Tamil Nadu is now a **Recognized Swachhta Action Plan Institution**. The Institution has successfully formed the Swachhta Action Plan Committee and constituted the working groups Post COVID-19 for Sanitation & Hygiene, Waste Management, Water Management, Energy Management and Greenery along with the observation of two environment related days to inculcate in faculty, students and community, the practices of Swachhta and Reduction, Reuse and Recycling of Resources.*

  
Dr. W G Prasanna Kumar  
Chairman

Mahatma Gandhi National Council of Rural Education  
Department of Higher Education, Ministry of Human Resource Development  
Government of India

No..Cert.01/SAP/TN/TVR/05

  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

***Certificate of Appreciation***

This is presented to


***Dr. Radhika Vidyasagar***

***Principal, Indhira College of Education***


***Thiruvallur, Tamil Nadu***

***for contributing to the Swachhta Action Plan Workshop held on 31<sup>st</sup> July  
2020, facilitating the formation of the Swachhta Action Plan (SAP) Committee  
and constituting the working groups for Greenery, Sanitation & Hygiene, Water Management,  
Energy Conservation, and Liquid & Solid Waste Management.***

No.:Cert.MHRD/SAP/TN/TVR/ICE/35

  
**Dr. W G Prasanna Kumar**  
Chairman

**Mahatma Gandhi National Council of Rural Education  
Department of Higher Education, Ministry of Human Resource Development  
Government of India**

  
**PRINCIPAL**  
**INDHIRA COLLEGE OF EDUCATION**  
**PANDUR, TIRUVALLUR-631 203**





# Certificate



*This is to certify that Mr A Jayapaul of Indhira College for Education, Thiruvallur, Tamil Nadu, has successfully participated in the One-Day Swachhta Action Plan Online Workshop conducted on 31st July 2020 organized by Mahatma Gandhi National Council of Rural Education.*

*BSCNK*  
**B S C Naveen Kumar**  
Resource Person MGNCRE

*TS*  
**T Sandhya**  
Mentoring Officer  
MGNCRE Swachhta Action Plan Project

**Mahatma Gandhi National Council of Rural Education**  
Department of Higher Education, Ministry of Human Resource Development  
Government of India

Certificate No: SAP-TN-208

*A. Jayapaul*  
**Programme Officer**  
**(A.JAYAPPAUL)**

*Ajay Perite*  
**PRINCIPAL**  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

*Dr. Radhika Vidyasagar*  
**Principal**  
**(Dr.Radhika Vidyasagar)**

**PRINCIPAL**  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

## Criterion III - Research and Outreach activities

### Key Indicator – 3.3 Outreach Activities

## REPORT OF EACH OUTREACH ACTIVITIES

**ACADEMIC YEAR: 2021-2022**



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## **INDHIRA COLLEGE OF EDUCATION (12306)**

**No.1 V.G.R Gardens, V.G.R.Nagar, Pandur, Thiruvallur-631203.**

### **NATIONAL SERVICE SCHEME ACTIVITY REPORT 2021-2022**

*submitted to*

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**

**GangaiammanKovil Street, Karapakkam, Chennai- 97.**

**Principal : Dr. Radhika Vidyasagar**


**Programme Officer : Mr. A. Jayapaul**

*Ajay Paul*  
**PRINCIPAL**  
**INDHIRA COLLEGE OF EDUCATION**  
**PANDUR, TIRUVALLUR-631 203**

# **NATIONAL SERVICE SCHEME**

## **ACTIVITY REPORT 2021-2022**

### **ACTIVITIES AHEAD...**


  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203


**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 04  
Date : 14.07.2021  
Place : Zoom Meet online Platform.  
Programme Category : Awareness Programme

Our NSS unit created awareness on Anti Ragging to our B.Ed and M.Ed students on 14.07.2021 at 3.pm through Zoom Meet online platform. Honorable District Legal Service Authority Secretary (Judge) Uma. Presided the webinar. Student raised their doubts and clarified their doubts on the same.

  
Programme Officer  
(Mr. A. Jayapaul)

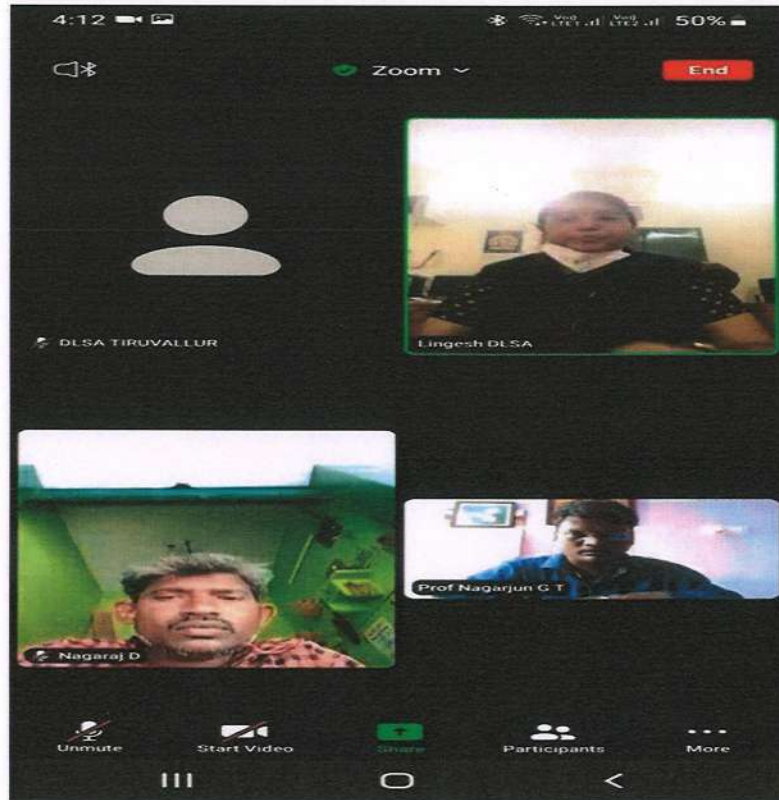
  
Principal  
(Dr. J.R.Letchumi)

  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

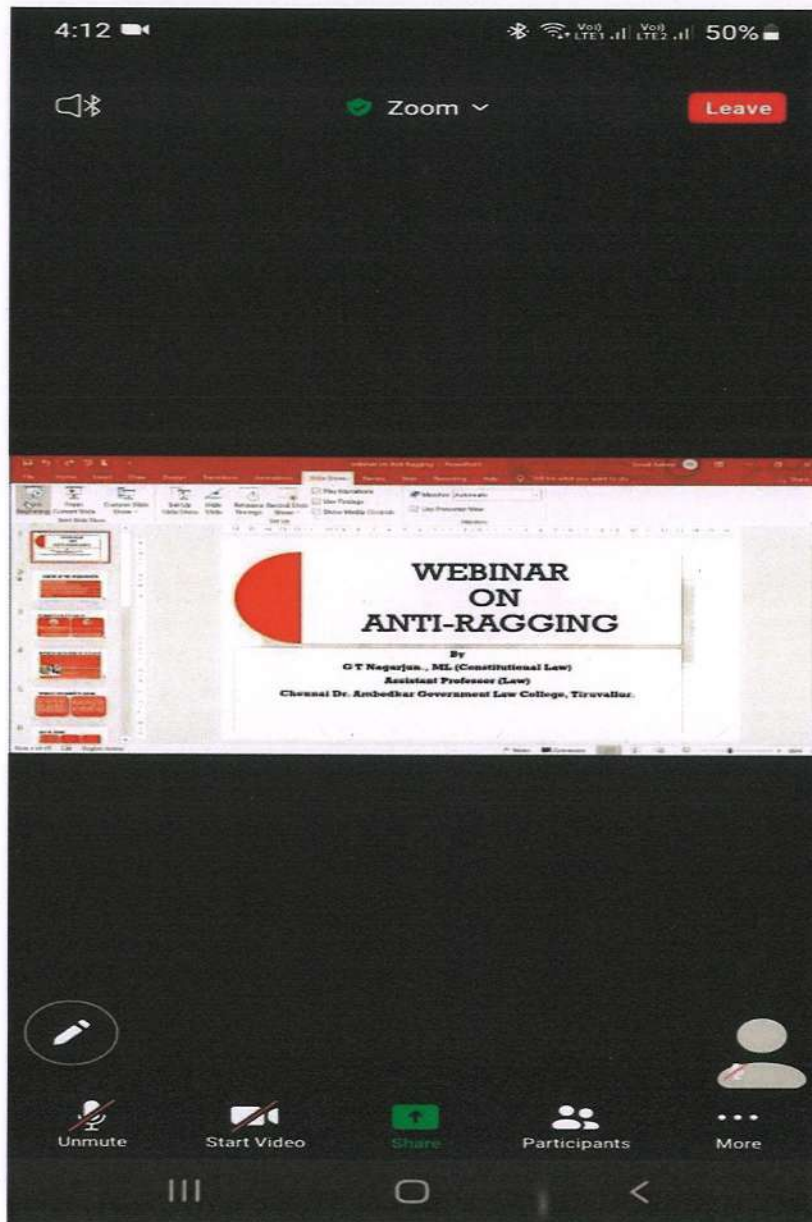
**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 04  
Date : 14.07.2021  
Place : Zoom Meet online platform  
Programme Category : Awareness Programme



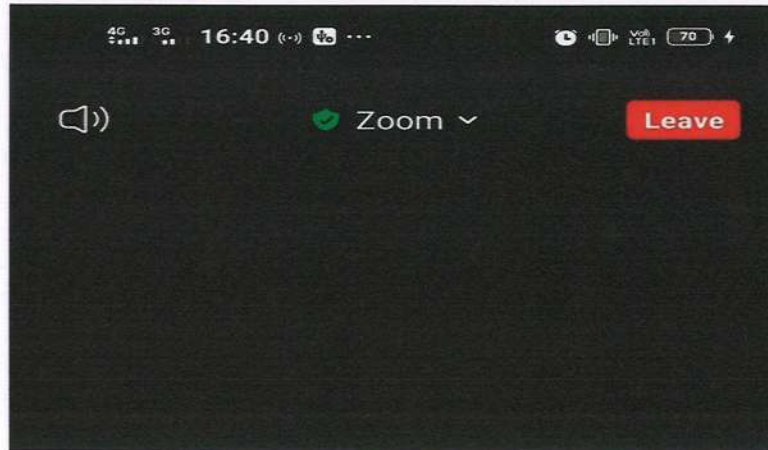
*Ajay Perile*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

# ONLINE PICTURE OF PPT



*Ajay Fenile*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

# PPT PICTURE



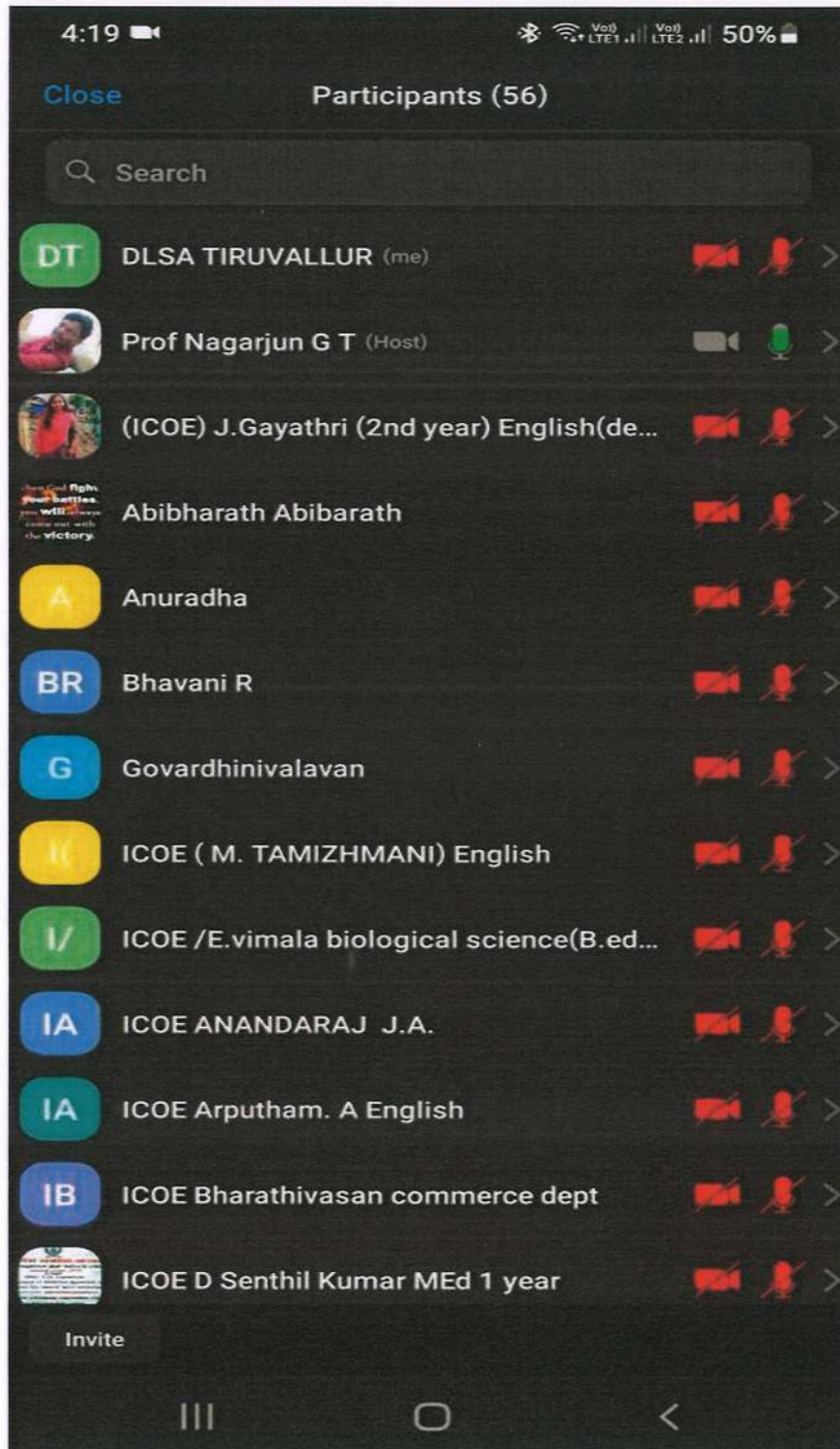
## HIERARCHY OF COMPLAINT MECHANISMS



*A. Jayaraman*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203



# ONLINE ATTENDANCE



*Ajeetha*


PRINCIPAL

INDHIRA COLLEGE OF EDUCATION  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**


Project No : 05  
Date : 16.08.2021  
Place : Kuppahupalayam, Thiruvallur District.  
Programme Category : Community Engagement

Food was distributed to the people of Kuppahupalayam. This village is a place where there is no electricity and basic amenities till date. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of food

  
Programme Officer  
(Mr. A. Jayapaul)

  
Principal  
(Dr. J.R.Letchumi)


PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203


  
PRINCIPAL  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 01  
Date : 20.06.2021  
Place : Sengundram Thiruvallur District.  
Programme Category : Community Engagement

Vegetables were distributed to the people of Sengundram. This village is a place where there is no electricity and basic amenities till date. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of vegetables.

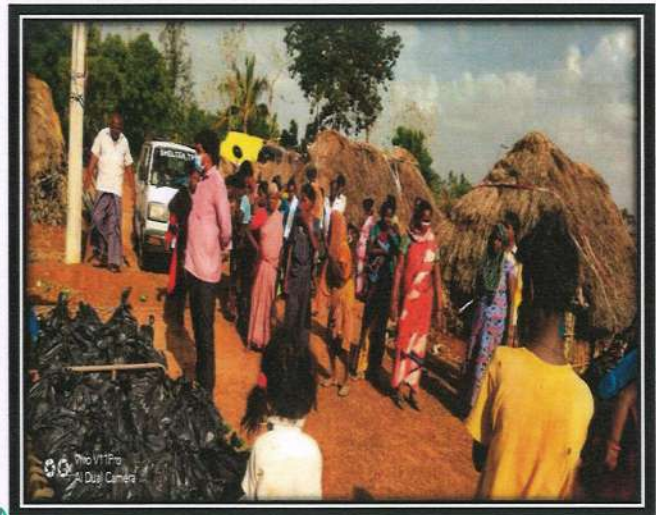
  
Programme Officer  
(Mr. A. Jayapaul)

  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

  
Principal  
(Dr. J.R.Letchumi)  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 01  
Date : 20.06.2021  
Place : Sengundram, Thiruvallur District.  
Programme Category : Community Engagement



*Heffemile*  
PRINCIPAL

INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203


**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**


Project No : 03  
Date : 07.07.2021  
Place : Illupur, Panappakam Villages, Thiruvallur District.  
Programme Category : Community Engagement

Villages are the backbone of our country. knowing the importance of the village, our esteemed adopted two under privileged villages Ilupur and Panappakam to develop the facilities of villages and bring a changes which was appreciated by all the villages.

In connection to this we the Indhira college of Education planted saplings in these two adopted villages of TNTEU through our NSS unit on July 7<sup>th</sup>. TNTEU Registrar Prof.V.Balakrishnan , Thiru V.G.Raajendiran, M.L.A,Thiruvallur and TNTEU NSS Coordinator Dr.Nagasubramani were chief guest for this plantation event.

  
Programme Officer  
(Mr. A. Jayapaul)

  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

  
Principal  
(Dr. J.R.Letchumi)

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

TREE PLANTATION





*Ajay Kante*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

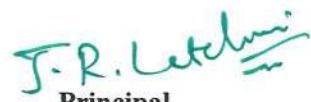
**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 02  
Date : 28.06.2021  
Place : Kuppattu Palayam & Kattrayakunda, Thiruvallur  
District.  
Programme Category : Community Engagement

Vegetables were distributed to the people of Kuppattupalayam and Kattrayakunda. This village is a place where there is no electricity and basic amenities till date. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of vegetables.

  
Programme Officer  
(Mr. A. Jayapaul)

  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

  
Principal  
(Dr. J.R.Letchumi)  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 02  
Date : 28.06.2021  
Place : Kuppattu Palayam & Kattrayakunda ,  
Thiruvallur District.  
Programme Category : Community Engagement



*A. Jeyaraj*  
PRINCIPAL  
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**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 03  
Date : 07.07.2021  
Place : Illupur, Panappakam Villages, Thiruvallur District.  
Programme Category : Community Engagement



*Alexandre*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 05  
Date : 16.08.2021  
Place : Kuppathupalayam, Thiruvallur District.  
Programme Category : Community Engagement



*Aley Permal*  
PRINCIPAL

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PANDUR, TIRUVALLUR-631 203

DISTRIBUTION OF FOOD



*Ajeferile*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

# FOOD DISTRIBUTION TO VILLAGERS




*Ajay Perile*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

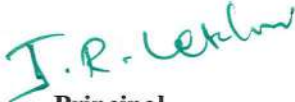
**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
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**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 6  
Date : 26.08.2021  
Place : ILUPUR, Thiruvallur District.  
Programme Category : Community Engagement

Illupur village is an adopted village of our esteemed TNTEU. Hence our NSS unit located this village to conduct a medical camp on many people of this village got benefited because of medical camp. Villagers requested to conduct such medical camps in their village often. NSS unit noted their request.

  
Programme Officer  
(Mr. A. Jayapaul)

  
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PANDUR, TIRUVALLUR-631 203

  
Principal  
(Dr. J.R.Letchumi)

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PANDUR, TIRUVALLUR-631 203

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 06  
Date : 26.08.2021  
Place : ILUPUR, Thiruvallur ,Dsitric  
Programme Category : Community Engagement



*Ajay Perile*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

MEDICAL CAMP FOR VILLAGE PEOPLE



*Ajeetha*

PRINCIPAL

INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

MEDICAL CAMP SCREEN SHOTS



*Ajeenth*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203




**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 7  
Date : 02.09.2021  
Place : ILUPUR, Thiruvallur District.  
Programme Category : Community Engagement

Our Chairman's son Mr.Advaith celebrated his birthday on 2.09.2021. His birthday was celebrated at Illupur village adopted village of TNTEU with ST people which was organized by our NSS unit. Educational kit and saree was provided to the village as a remembrance. Students and staff members cooperated and coordinators with our NSS programme officer.

  
Programme Officer  
(Mr. A. Jayapaul)

  
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Principal  
(Dr. J.R.Letchumi)  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

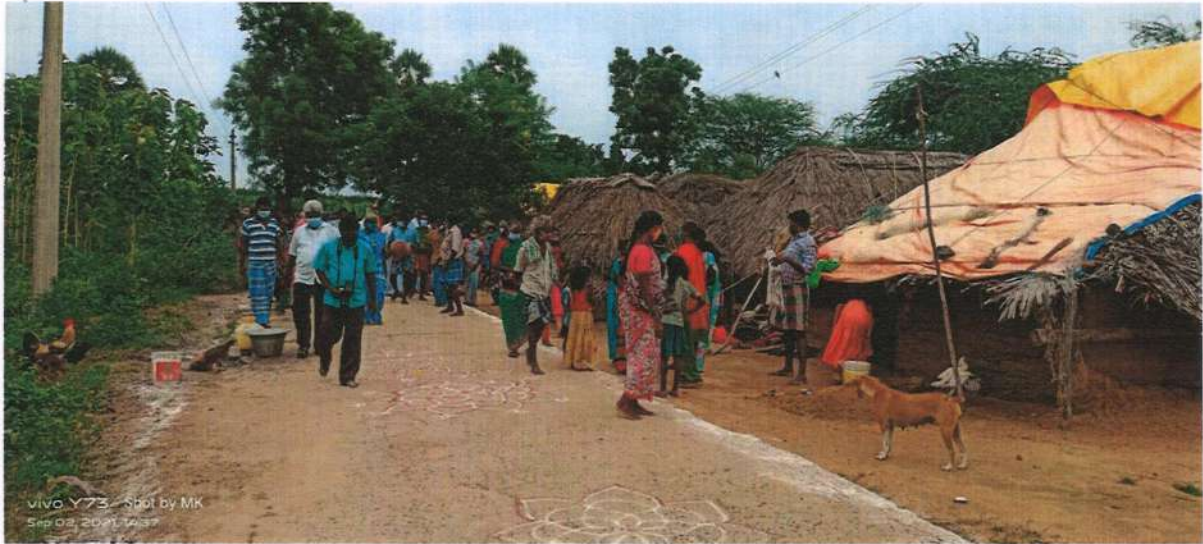
**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 07  
Date : 02.09.2021  
Place : ILUPUR, Thiruvallur ,Dsitric  
Programme Category : Community Engagement



*Ajeesh*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

# DISTRIBUTION OF KITS .



*Ajeetha*

PRINCIPAL

INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

MANAGING DIRECTOR DISTRIBUTING KITS.



*Ajeeyanite*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
FANDUR, TIRUVALLUR-631 203

DISTRIBUTION OF KITS BY STAFF



*Ajeel Renuke*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

DISTRIBUTION SCREENSHOTS .



*A. Jayapaul*  
Programme Officer  
(Mr. A. Jayapaul)

*A. Jayapaul*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

*J.R. Letchumi*  
Principal  
(Dr. J.R.Letchumi)  
PRINCIPAL  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 08  
Date : 04.09.2021  
Place : ILUPUR, Thiruvallur District.  
Programme Category : Community Engagement

Groceries items was Provided to the people of Ilupur village adopted village of TNTEU with ST people which was organized by our NSS unit. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of Groceries

  
(Mr. A. Jayapaul)  
Programme Officer

  
(Dr. J.R.Letchumi)  
Principal

  
PRINCIPAL  
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PANDUR, TIRUVALLUR-631 203

PRINCIPAL  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 08  
Date : 04.09.2021  
Place : ILIPUR, Thiruvallur District.  
Programme Category : Community Engagement



*Ajeel Ginde*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION,  
PANDUR, TIRUVALLUR-631 203



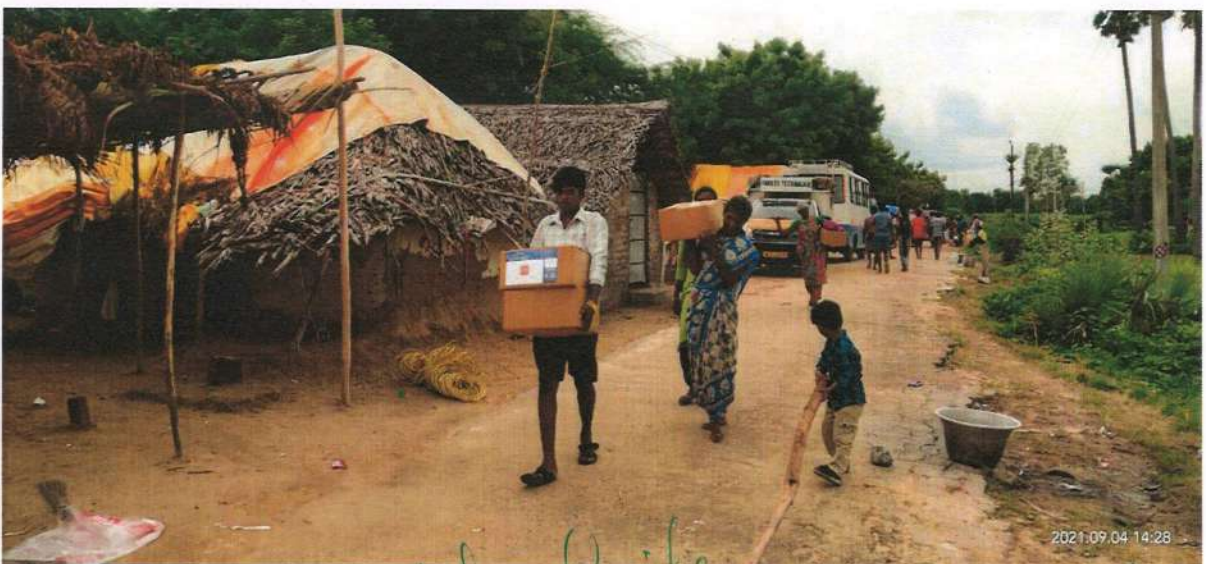
HELPING VILLAGE PEOPLE



*Ajay Perinle*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

PROGRAMME OFFICER DISTRIBUTING KITS .



*Ajay Venkate*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 09  
Date : 08.09.2021  
Place : Asirvadh Ashram, Siruvanur, Thiruvallur District.  
Programme Category : Community Engagement

We the NSS unit of Indhira College of Education is happy that we could contribute provision to Asirvadh Ahram for a month. It would be of great benefit for the Ashram. It was contributed on 8.09.2021.

  
(Mr. A. Jayapaul)

Programme Officer

  
(Dr. J.R.Letchumi)

Principal

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PANDUR, TIRUVALLUR-631 203

  
PRINCIPAL  
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PANDUR, TIRUVALLUR-631 203.

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

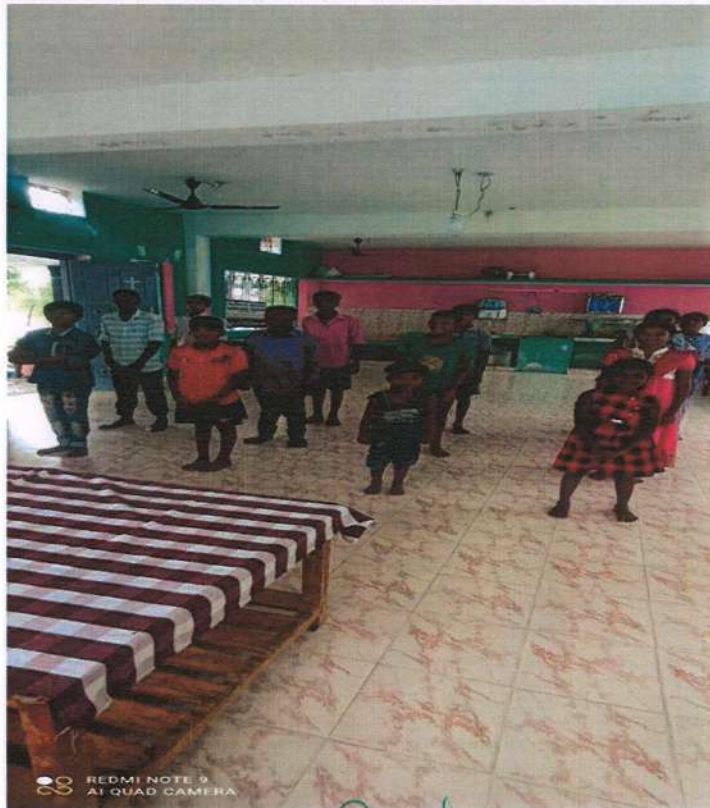
Activity No : 09  
Date : 08.09.2021  
Place : Asirvadh Ashram, Siruvanur, Thiruvallur District.  
Programme Category : Community Engagement



*Ajeetha*

PRINCIPAL  
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PANDUR, TIRUVALLUR-631 203

ASIRVADH ASHRAM SCREENSHOTS.



*Ajay Feriele*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 10  
Date : 16.12.2021  
Place : ILUPUR, Thiruvallur District.  
Programme Category : Community Engagement

Groceries items was Provided to the people of Ilupur village adopted village of TNTEU with ST people which was organized by our NSS unit. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of Groceries

  
(Mr. A. Jayapaul)

Programme Officer

  
(Dr. Rejina Joel)

Principal



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PANDUR, TIRUVALLUR-631 203

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 10  
Date : 16.12.2021  
Place : ILIPUR, Thiruvallur District.  
Programme Category : Community Engagement



*Ajay Perile*  
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INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203



*Ajeey Perile*  
PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203




**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 11  
Date : 22.12.2021  
Place :Kuppathupalayam, Thiruvallur District.  
Programme Category : Community Engagement


Groceries items was Provided to the people of Ilupur village ST people which was organized by our NSS unit. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of Groceries

  
(Mr. A. Jayapaul)

Programme Officer

  
(Dr. Rejina Joel)

Principal

  
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PANDUR, TIRUVALLUR-631 203

**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 11  
Date : 22.12.2021  
Place : Kuppathupalayam, Thiruvallur District.  
Programme Category : Community Engagement



*A Jeyaraj*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

STUDENTS DISTRIBUTING ESSENTIAL NEEDS.



*Ajey Perile*

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 12  
Date : 14.01.2022  
Place : Kuppathupalayam, Thiruvallur District.  
Programme Category : Community Engagement

It was a pride to celebrate Pongal festival in a underprivileged village Kuppathupalayma. we the NSS unit of ICOE distributed Pongal Kit to those village people. our management also participated in this programme.

  
(Mr. A. Jayapaul)

Programme Officer

  
(Dr. Rejina Joel)

Principal

  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Activity No : 12  
Date : 14.1.2022  
Place : Kuppathupalayam, Thiruvallur District.  
Programme Category : Community Engagement



*Ajeeyan*  
PRINCIPAL

INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

RICE BAG DISTRIBUTION.



*Ajeeyanile*

PRINCIPAL

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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT - 13**

Project No : 13  
Date : 08.01.2022  
Place : Sengundram Thiruvallur District.  
Programme Category : Community Engagement - distribution of Vegetables

Vegetables were distributed to the people of Sengundram. This village is a place where there is no electricity and basic amenities till date. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of vegetables.

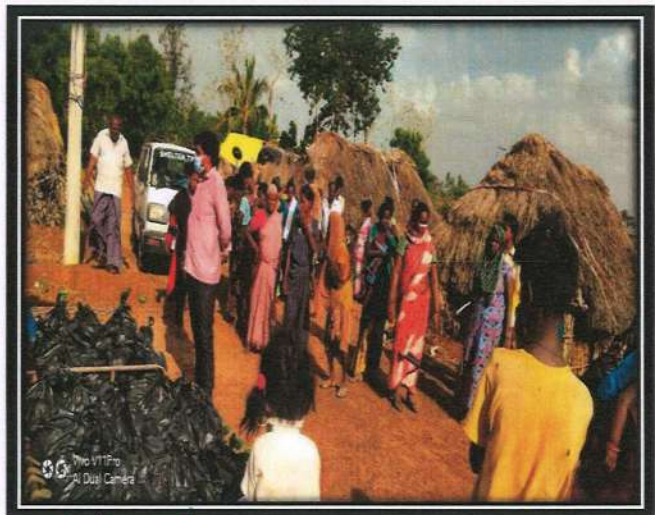
  
Programme Officer  
(Mr. A. Jayapaul)

  
INDHIRA COLLEGE OF EDUCATION  
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Principal  
(Dr. J.R.Letchumi)  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 13  
Date : 08.01.2022  
Place : Sengundram, Thiruvallur District.  
Programme Category : Community Engagement – Distribution of Vegetables



*Ajeetha*  
PRINCIPAL

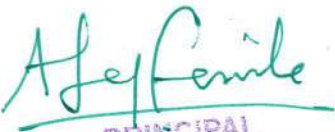
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

Project No : 14  
Date : 12.02.2022  
Place : Kuppathu Palayam & Kattrayakunda, Thiruvallur  
District.  
Programme Category : Community Engagement – Distribution of Vegetables

Vegetables were distributed to the people of Kuppathupalayam and Kattrayakunda. This village is a place where there is no electricity and basic amenities till date. Helping and serving these people is worth doing and hence our NSS unit of Indhira College of Education carried out this distribution of vegetables.

  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**PROJECT REPORT**

**Project No** : 14  
**Date** : 12.02.2022  
**Place** : Kuppathu Palayam & Kattrayakunda ,  
Thiruvallur District.  
**Programme Category** : Community Engagement



*Aley Lenile*  
PRINCIPAL  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**REPORT - 15**

Project No : 15  
Date : 19.03.2022  
Place : Illupur, Panappakam Villages, Thiruvallur District.  
Programme Category : Community Engagement

Villages are the backbone of our country. knowing the importance of the village, our esteemed adopted two under privileged villages Ilupur and Panappakam to develop the facilities of villages and bring a changes which was appreciated by all the villages.

In connection to this we the Indhira college of Education planted saplings in these two adopted villages of TNTEU through our NSS unit on March 19<sup>th</sup>. TNTEU Registrar Prof.V.Balakrishnan , Thiru V.G.Raajendiran, M.L.A,Thiruvallur and TNTEU NSS Coordinator Dr.Nagasubramani were chief guest for this plantation event.

  
Programme Officer  
(Mr. A. Jayapaul)

  
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Principal  
(Dr. J.R.Letchumi)  
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**TAMILNADU TEACHERS EDUCATION UNIVERSITY**  
**INDHIRA COLLEGE OF EDUCATION (12306)**  
**NATIONAL SERVICE SCHEME**  
**REPORT 15**

Project No : 15  
Date : 19.03.2022  
Place : Illupur, Panappakam Villages, Thiruvallur District.  
Programme Category : Community Engagement



*Ajay Kumar*  
PRINCIPAL


INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203

## Criterion III - Research and Outreach activities

### Key Indicator – 3.3 Outreach Activities

## REPORT OF EACH OUTREACH ACTIVITIES

**ACADEMIC YEAR: 2022-2023**

  
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**INDHIRA COLLEGE OF EDUCATION**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**  
**TREE PLANTATION**  
**REPORT 1**

**Date** : 05.09.2022

**Programme Category** : Tree Plantation - Kuppathupalayam

**Introduction:** Indhira College of Education, committed to fostering environmental awareness and community engagement, organized a tree plantation initiative in Kuppaththu Palayam Village. This endeavor aimed to contribute to local environmental conservation efforts while also promoting the involvement of students in community service.


**Date and Location:** The tree plantation event took place on 5.09.2022 at Kuppaththu Palayam Village by our Chairman Thiru. V. G. Raajendran, MLA. The choice of location was strategic, aiming to enhance the green cover of the village and provide long-term ecological benefits to the community.

**Participants:** Students enrolled in both B.Ed and M.Ed programs enthusiastically participated in the event. Faculty members and local authorities also lent their support and guidance, ensuring the success of the initiative.

**Objectives:**

1. To raise awareness about the importance of environmental conservation.
2. To actively engage students in community service activities.
3. To contribute to the ecological restoration and beautification of Kuppaththu Palayam Village.
4. To foster a sense of responsibility and stewardship towards nature among students.

**Conclusion:** The tree plantation initiative undertaken by students of Indhira College of Education reflects a commitment to sustainable development and community engagement. By actively participating in environmental conservation efforts, students not only contribute to the well-being of local ecosystems but also cultivate values of empathy, citizenship, and environmental responsibility. This endeavor stands as a testament to the power of collective action in addressing pressing environmental challenges and building resilient communities for the future.

  
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**TREE PLANTATION ON 5.9.2022 at KUPPATHUPALAYAM**



*Ajay Kanna*  
PRINCIPAL

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203



**INDHIRA COLLEGE OF EDUCATION**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**  
**HAND WASHING ACTIVITY**  
**REPORT 2**

**Date** : 17.09.2023  
**Place** : PUE School, Ellupur Village  
**Programme Category** : Hand washing Activity

Handwashing is a fundamental hygiene practice that plays a critical role in preventing the spread of infectious diseases. In the light of this objective, awareness was created among the B.Ed trainees and also to children of Illupur village as it is the adopted village of TNTEU in association with Indhira College of Education, Pandur.

As Handwashing Played a significant and prime role in eradicating COVID-19 and various other contagious diseases, proper handwashing practices were taught to, children and were made to handwash. As a result, majority of primary school children demonstrated a good understanding and of the importance of handwashing and the correct technique.



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Hand washing Activity at PUE school, Ellupur on 17.09.2023



*Ajay Perile*

PRINCIPAL

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PANDUR, TIRUVALLUR-631 203

*Ajay Perile*

PRINCIPAL

PRINCIPAL  
INDHIRA COLLEGE OF EDUCATION  
PANDUR, TIRUVALLUR-631 203



**INDHIRA COLLEGE OF EDUCATION  
REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**HERITAGE AND CULTURE DEBATE CONDUCTED BY INDHIRA COLLEGE OF  
EDUCATION ORGANIZED BY SRI VEERARAGHAVASWAMI DEVASTHANAM  
REPORT 3**

**Date** : 26.09.2022  
**Place** : Sri Veeraraghavaswami Devasthanam Temple, Tiruvallur  
**Programme Category** : Debate

**Introduction:**

Sri Veeraraghavaswami Devasthanam, a renowned temple dedicated to Lord Vishnu, organized a thought-provoking debate on the topic of "Heritage and Culture" at Indhira College of Education. Special address by Smt.Indira Raajendran. Debate Judge Mrs. U. Visalatchi. 8 B.Ed students participated for this debate. The event aimed to engage students and scholars in discussing the significance of preserving and promoting heritage and culture in contemporary society.

**Event Highlights:**

1. **Diverse Participation:** The debate witnessed enthusiastic participation from students, faculty members, and experts in the field of heritage and culture. Participants represented diverse backgrounds, offering a rich variety of perspectives on the topic.
2. **Structured Debate Format:** The debate followed a structured format, with participants divided into teams representing different viewpoints on the importance of heritage and culture. This format allowed for a comprehensive exploration of the subject, covering various dimensions and arguments.

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PRINCIPAL

*Ajeey Linte*  
PRINCIPAL  
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PANDUR, TIRUVALLUR-631 203

3. **In-depth Discussions:** Participants engaged in in-depth discussions, addressing key aspects such as the role of heritage in identity formation, the impact of globalization on traditional cultures, and the ethical considerations in heritage preservation.
4. **Expert Insights:** The event featured insights from experts in heritage conservation and cultural studies, who provided valuable inputs and guidance to the participants. Their expertise enriched the debate and added depth to the discussions.
5. **Interactive Sessions:** Interactive sessions were held throughout the event, allowing participants to pose questions, share personal experiences, and exchange ideas. This interactive format fostered a dynamic learning environment and encouraged active engagement from all attendees.
6. **Promotion of Cultural Awareness:** The debate served as a platform for promoting cultural awareness and appreciation among the participants. By exploring diverse perspectives and engaging in constructive dialogue, attendees gained a deeper understanding of the significance of heritage and culture in society.

### **Conclusion:**

The Heritage and Culture Debate organized by Sri Veeraraghavaswami Devasthanam at Indhira College of Education was a resounding success, fostering meaningful discussions and insights into the importance of preserving and promoting our rich cultural heritage. The event not only highlighted the value of heritage in shaping collective identities but also underscored the need for concerted efforts to safeguard cultural diversity in an increasingly globalized world. Such initiatives play a crucial role in nurturing a sense of pride and belonging towards our cultural heritage, ensuring its continuity for future generations to cherish and celebrate.



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Sri Veeraraghavaswami Devasthanam Temple, Tiruvallur

DEBATE ON HERITAGE AND CULTURE – 26.09.2022



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**INDHIRA COLLEGE OF EDUCATION**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**  
**AWARENESS PROGRAMME ON HEALTH AND HYGIENE**  
**REPORT 4**

**Date** : 08.10.2024  
**Place** : Kuppahupalayma village girls  
**Programme Category** : Women Empowerment

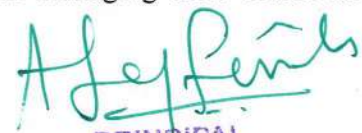
Indhira College of Education takes pride in its commitment to community engagement and empowerment. Understanding the pivotal role of women in societal development, the college initiated an Awareness Programme on Health and Hygiene specifically tailored for girl children. This report outlines the objectives, activities, outcomes, and future prospects of the program.

**Objectives:**

1. To educate women on the importance of health and hygiene in daily life.
2. To raise awareness about common health issues affecting women.
3. To impart practical knowledge and skills related to personal hygiene and sanitation.
4. To empower women to take charge of their health and well-being.

**Outcomes:**

1. Increased Awareness: Participants demonstrated improved understanding of health and hygiene concepts, including the significance of preventive healthcare measures.
2. Behavior Change: Many women reported adopting healthier habits such as regular handwashing, proper sanitation practices, and seeking timely medical assistance when needed.
3. Empowerment: Women expressed enhanced confidence in managing their health and making informed decisions about their well-being.



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4. **Community Engagement:** The program fostered a sense of community among participants, encouraging peer support and collective efforts towards better health outcomes.

**Future Prospects:**

1. **Sustainability:** Plan to establish ongoing health and hygiene initiatives, including regular workshops and follow-up sessions to ensure long-term impact.
2. **Expansion:** Explore opportunities to extend the program to neighboring communities and reach a larger audience of women.
3. **Collaboration:** Strengthen partnerships with local healthcare providers, NGOs, and government agencies to maximize resources and expertise.
4. **Evaluation:** Continuously assess the effectiveness of the program through feedback mechanisms and impact assessments to refine strategies and tailor interventions to the evolving needs of women.

**Conclusion:** The Awareness Programme on Health and Hygiene for Women conducted by Indhira College of Education has been instrumental in empowering women with essential knowledge and skills to prioritize their health and well-being. By fostering awareness, promoting behavior change, and encouraging community engagement, the program has laid a foundation for sustainable improvements in women's health outcomes. Moving forward, the college remains committed to advancing women's health and hygiene initiatives, contributing to a healthier and more empowered society.



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**AWARENESS PROGRAMME ON HEALTH AND HYGIENE FOR  
KUPPATHUPALAYAM VILLAGE GIRLS**



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**INDHIRA COLLEGE OF EDUCATION**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**  
**YOUTH AWAKENING DAY**  
**REPORT 5**

**Date** : 12.10.2022  
**Place** : Pattaraiperumbudhur village  
**Programme Category** : YOUTH AWAKENING DAY - RALLY


In honor of the esteemed Dr. APJ Abdul Kalam's birthday, a visionary leader and advocate for youth empowerment and education, the B.Ed and M.Ed students of Indhira College of Education organized a Youth Awakening Day Rally. This event served as a tribute to Dr. Kalam's legacy and sought to inspire and empower students to actively contribute to societal progress. This report highlights the objectives, activities, outcomes, and future plans of the rally.

**Objectives:**

1. To commemorate the birthday of Dr. APJ Abdul Kalam and celebrate his contributions to youth empowerment and education.
2. To raise awareness among B.Ed and M.Ed students about the values and principles embodied by Dr. Kalam, including perseverance, innovation, and social responsibility.
3. To inspire students to emulate Dr. Kalam's commitment to excellence, leadership, and service to society.
4. To foster a sense of civic responsibility and encourage students to become proactive agents of positive change in their communities.

**Activities:**

1. **Rally March:** Led a spirited rally through the streets, carrying banners, placards, and portraits of Dr. Kalam, while chanting slogans that encapsulated his ideals and vision for India's youth.

  
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**Outcomes:**

1. Tribute and Inspiration: The rally served as a fitting tribute to Dr. APJ Abdul Kalam, inspiring students with his exemplary life and teachings, and motivating them to strive for excellence in their endeavors.

**Conclusion:** The Youth Awakening Day Rally organized by B.Ed and M.Ed students of Indhira College of Education was a heartfelt tribute to Dr. APJ Abdul Kalam's enduring legacy and a celebration of youth empowerment and inspiration. By honoring Dr. Kalam's values and teachings, the event inspired students to embody the spirit of leadership, innovation, and service in their own lives, contributing to a brighter future for themselves and society as a whole. Moving forward, the students remain committed to carrying forward Dr. Kalam's vision and making a positive impact in their communities and beyond.

**YOUTH AWAKENING DAY – RALLY- PATTARAIBERUMBUTHUR VILLAGE**

**12.10.2022**



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**INDHIRA COLLEGE OF EDUCATION**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**PLASTIC FREE TOMORROW: A RALLY ADVOCATING FOR SUSTAINABLE  
PRACTICES BY B.ED AND M.ED STUDENTS**

**REPORT 6**

**Date** : 29.10.2022  
**Place** : Pandur Village  
**Programme Category** : NSS – YELLOW BAG RALLY

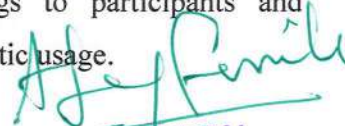
In response to the pressing need for environmental conservation and sustainable practices, the B.Ed and M.Ed students of Indhira College of Education organized a Yellow Bag Rally as part of the "Plastic-Free Tomorrow" campaign. The rally aimed to raise awareness about the detrimental effects of plastic pollution and promote eco-friendly alternatives among the local community. This report encapsulates the objectives, activities, outcomes, and future prospects of the event.

**Objectives:**

1. To raise awareness about the adverse effects of plastic pollution on the environment and human health.
2. To encourage the adoption of sustainable practices, including reducing, reusing, and recycling plastic.
3. To engage the local community in collective action towards a plastic-free future.
4. To inspire behavioral change and promote the use of eco-friendly alternatives to plastic.

**Activities:**

1. **Yellow Bag Distribution:** Distributed reusable yellow bags to participants and community members as symbols of commitment to reducing plastic usage.


  
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2. **Rally March:** Organized a colorful rally through the streets, carrying banners, placards, and wearing yellow attire to attract attention and spread the message of plastic-free living.

**Outcomes:**

1. **Increased Awareness:** The rally succeeded in reaching a wide audience, sparking conversations about plastic pollution and sustainability within the community.
2. **Behavioral Change:** Many participants expressed a willingness to reduce their plastic usage and adopt eco-friendly practices in their daily lives.
3. **Community Empowerment:** The event fostered a sense of solidarity and collective responsibility among participants, motivating them to take proactive steps towards a plastic-free future.
4. **Public Support:** The initiative garnered support from local stakeholders, including businesses and policymakers, signaling a growing commitment to addressing plastic pollution at the grassroots level.

**Conclusion:** The Yellow Bag Rally organized by B.Ed and M.Ed students of Indhira College of Education exemplifies the power of collective action and community engagement in addressing environmental challenges. By raising awareness, promoting behavioral change, and fostering community empowerment, the event has laid the groundwork for a more sustainable and plastic-free tomorrow. Moving forward, the students remain committed to advocating for environmentally responsible practices and inspiring positive change in their communities.

  
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**YELLOW BAG RALLY ON 29.10.2022 AT PANDUR VILLAGE**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**


**TREE PLANTATION AT PUE SCHOOL, ELLUPUR VILLAGE**  
**REPORT-7**

**Date** : 5.11.2022  
**Place** : Ellupur Village  
**Programme Category** : Tree Plantation at PUE School

B.Ed and M.Ed students organized a tree plantation drive in Ellupur Village, fostering environmental awareness and community engagement. With shovels in hand, they planted a variety of saplings, enhancing the village's greenery. The initiative aimed to combat deforestation and promote sustainability. Villagers enthusiastically joined, making it a collaborative effort. This hands-on experience provided students practical insight into environmental conservation, complementing their academic knowledge. The event not only beautified the surroundings but also strengthened bonds between the educational institution and the community. Overall, it served as a small yet impactful step towards a greener, more sustainable future for Ellupur Village.

**Objective:**

The primary objective of the tree plantation event was to promote environmental awareness, combat climate change, and contribute to the greening of our Society. It was an initiative to engage students, faculty, and staff in a meaningful and eco-friendly activity.

  
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**TREE PLANTATION AT PUE SCHOOL, ELLUPUR VILLAGE 5.11.2022**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**  
**BREAKING CHAINS: ANTI DRUG ABUSE AWARENESS EXHIBITION**  
**REPORT 8**

**Date** : 25.11.2022  
**Place** : Manavala Nagar  
**Programme Category** : Drug abuse awareness - Exhibition

The Drug Abuse Awareness Exhibition held at Manavala Nagar by Indira College of Education collaboration with Indira College of Nursing was a pivotal event aimed at addressing the scourge of substance abuse in the community. Through a variety of informative displays, interactive sessions, and expert talks, the exhibition provided attendees with a comprehensive understanding of the dangers associated with drug abuse and addiction. Students, faculty, and community members actively participated, demonstrating their commitment to combating this pressing issue. The exhibition served as a platform for dialogue, education, and collaboration, empowering individuals with knowledge and resources to prevent and address drug-related challenges effectively. Overall, it was a significant step towards fostering a healthier and drug-free community in Manavala Nagar.

  
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**DRUG ABUSE AWARENESS EXHIBITION on 25.11.2022 at MANAVALA NAGAR**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**AIDS DAY – OATH TAKING**  
**REPORT 9**

**Date** : 1.12.2022

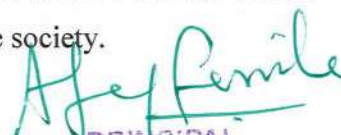
**Programme Category** : NSS- AIDS DAY – OATH TAKING PROGRAMME

On AIDS Day, B.Ed and M.Ed students of Indhira College of Education organized an impactful oath-taking program dedicated to raising awareness about HIV/AIDS. The event commenced with a solemn ceremony where students, faculty, and community members gathered to pledge their commitment to fighting the stigma associated with HIV/AIDS and promoting awareness and prevention efforts.

Throughout the program, informative presentations, skits, and speeches were delivered, emphasizing the importance of safe practices, destigmatization, and access to healthcare services. Expert speakers provided valuable insights into the current status of HIV/AIDS and the significance of education in combating the disease.

The oath-taking segment was the highlight of the event, as participants solemnly vowed to uphold principles of inclusivity, support, and compassion towards individuals affected by HIV/AIDS. The program concluded with a renewed sense of purpose and solidarity among attendees, reaffirming their dedication to creating a more informed and supportive community.

Overall, the AIDS Day oath-taking program by B.Ed and M.Ed students at Indhira College of Education served as a poignant reminder of the on going fight against HIV/AIDS and the crucial role that education plays in shaping a healthier and more compassionate society.

  
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**AIDS DAY – OATH TAKING PROGRAMME 1.12.2022**



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**INDHIRA COLLEGE OF EDUCATION (12306)**  
**REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**CONSUMER AWARENESS RALLY**  
**REPORT 10**

**Date** : 15.03.2022  
**Place** : Kaivandur village  
**Programme Category** : CONSUMER CLUB - RALLY

B.Ed and M.Ed students organized a dynamic Consumer Awareness Rally in Kaivandur Village, showcasing their commitment to community education. Colorful banners and spirited chants characterized the procession, as students engaged villagers with informational materials on consumer rights and fair trade practices. Interactive skits vividly illustrated common consumer issues. The rally culminated in a gathering where students delivered impassioned speeches, emphasizing the importance of informed decision-making. Esteemed guests Panchayat President Mr. S. Murugan, enriched the discourse. This impactful event empowered villagers with knowledge to make informed choices, exemplifying the students' dedication to fostering responsible consumerism and positive change within the community.

  
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**RALLY ON CONSUMER AWARENESS on 15.03.2022  
At KAIVANDUR VILLAGE**



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