

**CRITERIA II**  
**TEACHING - LEARNING AND EVALUATION**

**2.4 Competency and Skill Development**

**2.4.10 Nature of internee engagement during  
internship consists of**

**Sample copies for each of selected activities claimed**



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**PANDUR, TIRUVALLUR-631 203**

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# INDHIRA COLLEGE OF EDUCATION

(Affiliated to Tamilnadu Teachers Education University)

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No.1, V.G.R. Gardens, V.G.R. Nagar, Pandur, Thiruvallur District - 631203.



## Indira EDUCATION

**M.Ed., Degree Course**  
**20 - 20**

COMMUNICATION SKILL - ACADEMIC  
WRITING - II Year

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Reg. No. 23062AMD007 submitted during the academic year 2021 - 2023

Submitted for the M.Ed., Practical Examination held at INDHIRA COLLEGE OF EDUCATION,  
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## Introduction:-

The research colloquium is a study that has found that people with depression often make decisions specifically to avoid anxiety. People with depression often feel hopeless and as a result, don't want to waste energy on plans they believe won't work. This leads to less information gathering, less idea generation, and less thinking through options.

The research colloquium provided students an opportunity to develop their skills in the oral presentation of their research findings and outcomes. It was a micro miniature of the entire research work of the students.

The aim of the seminar was to make the students present their topics, understand more, and to enrich their thoughts about their topics.



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## 2) Correction from Guide:-

Our Guides helped the students in clarifying their doubts effectively. Based on the students in topic, questions were asked by the Guides to the students. Also our Guides rectified the mistakes committed, by the students. Students gained a clear knowledge about their topics with the help of their guides.

## 3) Tips to Present paper:-

Our Guides helped us by providing more information and ~~guidelines~~ for our presentation. They paved a way for us to build our capacity and talents through this online collaigium



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#### 4) Arrangements for the Research colloquium!-

The arrangements have been well planned before a week, providing the technical support, creating a zoom link, downloading the zoom app from the play store. Our professors enabled with all the necessary arrangements for the online colloquium.

#### 5) Planning of Research colloquium!-

As such the arrangements had been made by our professors, there was a well planned approaches for the colloquium. The online colloquium had been planned before a week and was informed to the students. regarding the presentation students were asked to download zoom app from the whatsapp group a day before.



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(i) Circular Date: 16.08.2023

(ii) Seminar Date: 18.08.2023

6) Keynote address by the principal:

A simple word by our principal launched us immediately into the future and that inspired us to achieve our success.

Our, honorable principal, "Dr. Rejina Joad mam", expressed her speech in the form of a short story; which was very informative and impressed all of us. We were specially inspired by her speech, ideas, boldness, action and etc.

7) Presentation of the topic:

The students of M.Ed II year, under the guidance of our Guide, took up the initiative to present their topics.



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The event hosted a total of 30 students for presentations. The students were called alphabetically to present their topic.

Our professors, as panel of Judges, questioned the students after the presentation, to make them clear and understand more about their topics.

8) Execution:-

Day :- Saturday

Date : 18/08/23

The event had been started by Mrs. Devi Sharma from M.Ed II year hosted the colloquium by welcoming our principal, "Dr. Regina Joad mam", our professors and students of M.Ed II year. Then followed by welcome address by Mrs. Devi Sharma addressing the the ~~delegates~~ <sup>delegates</sup>. The host requested to our principal for



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Keynote address our principal advised a valuable

speech. At last vote of thanks by Mrs. Devi Sharma,

showing our feeling of gratitude the online colloquium.

**Title of the Study:**

A study on Depression and Decision making ability among higher secondary school students.

**Research Variables:-**

Depression and Decision making

**Meaning of variable:**

**Meaning of Depression and Decision making: Ability:-**

Two main things contribute to depression

and decision making. It means that the decisions

lead to outcomes that have less positive impact on your life over the long run. The first way depression leads

to poor decisions is that depressed people stand to be



more indecisive. They have more trouble making any decision at all.

Mentioned in the latest edition of the diagnostic and statistical manual of mental disorders (DSM-5) - the book where mental illnesses such as depression are defined. People with depression both avoid making decisions and are slow when making decisions.

One reason people with depression may be indecisive is that they lack motivation. Motivation is impaired in depression and without it, the reward of making a decision are reduced. This may account for the slowness in decision-making as well.

Impaired decision-making in depression is thought to be a physical problem. One study has linked gray matter loss in the medial and ventral prefrontal cortex

areas of the brain to reduced motivation and impaired

decision-making ability.



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## Meaning of decision making: Ability:-

Decision making is the process of making choices by identifying a decision, gathering information, and assessing alternative resolutions. Using a step-by-step decision-making process can help you make more deliberate, thoughtful decisions and defining alternatives.

The act or process of deciding something especially with a group of people. The project will require some difficult decision-making. All members of the organization have a role in decision-making.

Decision-making is an integral part of modern management. Essentially, Rational or sound decision making is taken as primary functions of management. Every manager takes hundreds and hundreds of decisions subconsciously or consciously making it as the key



Component in the role of a manager.

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"Decision-making involves the selection of a course of action from among two or more possible alternatives in order to arrive at a solution for a given problem".

Need and Significance of the Study:-

Depression as a disorder has always been a focus of attention of research in India over the last 50-60 years, large number of studies has been published from India addressing various aspects of this commonly prevalent disorder. The various aspects studied included epidemiology, demographic and psychosocial risk factor, neurobiology, symptomatology, comorbidity, assessment and diagnosis. Impact of depression, treatment related issues and prevention in addition to the efficacy and tolerability

of antidepressants.



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Depressive and anxiety disorders are common at all ages. In addition, their effects on well-being and daily functioning are enormous and comparable to those of major chronic physical illness. Buist - Bouwman 2006; Murray and Lopez 1997. In economic terms, the cost of depressive and anxiety disorders due to loss of productivity and use of health services ranks among the top-five of all disorders.

**Operational dimensions:-**

**Research variables:-**

**a) Depression**

The state of feeling very unhappy and without hope for the future and a mental condition characterized by feeling of severe despondency and dejection, typically also with feeling of inadequacy and guilt,

often accompanied by lack of energy and disturbance of appetite and sleep.

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b) **Decision -making Ability:-**

According to the investigator decision-making ability can be regarded as the mental process resulting in the selection of a course of action several alternatives. Every decision making produces a final choice.

c) **High School Students:-**

This refer to students studying in \_\_\_ Std.

**OBJECTIVE OF STUDY :-**

\* To find out the level of significant difference between higher secondary students in depression based on their gender.

To find out the level of significant difference



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between Secondary Students in depression based on their Location.

\* To find out the significant difference between higher Secondary Students in Depression based on their

Type of management.

\* To find out the significant difference between higher Secondary Student in depression based on their medium of instruction.

\* To find out the significant difference between higher Secondary Students in depression based on their

family type-

\* To find out the significant difference between

higher Secondary Students in Decision making ability

based on their Gender.



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\* To find out the significant difference between higher Secondary students in decision making ability based on their location.

\* To find out the significant difference between higher Secondary students in decision making ability based on their type of management.

\* To find out the significant difference between higher Secondary students in decision making ability based on their medium of instruction.

\* To find out the significant difference between higher Secondary students to decision making ability based on their family type.

\* To find out the significant difference between higher Secondary student in depression and decision



making ability.

*H. Jeyaraj*

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### HYPOTHESIS OF THE STUDY :-

\* There is no significant difference between higher secondary students depression based on their

Gender.

\* There is no significant difference between higher secondary students in depression based on their type of management.

\* There is no significant difference between higher secondary students in depression based on their medium of instruction.

\* There is no significant difference between higher secondary students in depression based on their family type.

\* There is no significant difference between higher secondary students in decision making ability based on their Gender.



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\* There is no significant difference between higher secondary students in decision making ability based on their location.

\* There is no significant difference between higher secondary students in decision making ability based on their type of management.

\* There is no significant difference between higher secondary student in decision making ability based on their medium of instruction.

\* There is no significant difference between higher secondary student in decision making ability based on their family type.



\* There is no significant difference between higher secondary student in decision making ability

based on their depression and decision making ability.

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## METHODOLOGY OF PRESENT STUDY:

Normative Survey research method involves the study of large or small populations by selecting and studying the samples chosen from the population at a particular time. It is not bothered with the characteristics of the individuals. It does not involve a control group for the purpose of comparison. This helps in assessing the attitudes, opinions, demographic variables and procedure or practices.

## POPULATION:-

\* The present study is concerned with higher secondary school students who are studying in standard XI and XII constitute the population for the present study.



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\* A new report published by the some centers for disease control and prevention finds that in 2020, 18.4% of some adults reported having ever been diagnosed with depression in their lifetimes - but, state by state, that percentage of adults ranged from an estimated 12.7% in Hawaii to 27.5% in West Virginia.

A study conducted by Sibmath among 300 students states that 37.7%, 13.1% and 24% of the students had moderate, severe, or extremely severe depression, respectively.

### SAMPLE AND TOOL FOR STUDY:-

For the study, depression and decision making ability tools was selected.



Stratified random sampling technique was

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were used in the selection of 300 higher secondary students from Government, Government aided, and private students in Tiruvallur district were selected as the sample for the study.

### TOOLS USED:-

1. Depression Questionnaire prepared by the Investigator.
2. Depression Scale by Dr. Madhuleena Roy Chowdhury (2000) questionnaire
3. Decision making ability prepared by the Investigator.
4. Decision making ability scale by Mesquita, and Isabel (2001)

To verify the hypothesis in the study, the following tool is used.

The tool has been prepared by the Investigator, with the help of the guide



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**SUB SAMPLE:**

Variables	Category	No of samples	%
Gender	Male	157	52%
	Female	143	48%
Medium	English	102	34%
	Tamil	198	66%
Type of School Management	Govt.	100	33%
	Aided	100	33%
	Private	100	33%
Locality	Rural	171	57%
	Urban	129	43%
Family Type	Nuclear	225	75%
	Joint	75	25%

**PILOT STUDY :-**

To Find the feasibility of the tools before administered on a large sample, a pilot



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was needed to be conducted. For this investigation, a pilot study was conducted on a sample of 30 Higher Secondary School Students.

## RELIABILITY AND VALIDITY OF THE TOOLS:-

### Depression:-

The reliability co-efficient obtained for Learning style is 0.70 and the Square root co-efficient is found to be 0.83 which denotes the tool is highly reliable.

### Decision Making Ability:-

The reliability co-efficient obtained for Family Interaction pattern is 0.71 and the Square root co-efficient is found to be 0.84 which denotes the tool is highly valid.



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## SCORING PROCEDURE:-

Each statement was scored according to the procedure prescribed below:

Strongly disagree - 1

Disagree - 2

Neither agree - 3

Agree - 4

Strongly Agree - 5

## STATISTICAL TECHNIQUES USED

Suitable descriptive and Inferential techniques were used in the Interpretation of the data to draw out meaningful picture of result from the collected data.

1. Descriptive Analysis
2. Differential Analysis
3. Relational Analysis



*Hef Finckh*

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## MAJOR FINDINGS:-

1. The level of Depression among higher Secondary School students is moderate.
2. The level of Depression and Decision making ability among hr. Sec. students is moderate.
3. There is Significant difference between depression with respect to gender.
4. There is significant difference between Decision making ability with respect to gender.
5. There is significant difference between Depression with respect to medium of Instruction.
6. There is significant difference between Decision making ability with respect to medium of Instruction.
7. There is significant difference between Depression with respect to type of School management



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## EDUCATIONAL IMPLICATIONS

Depression and decision making ability among higher secondary school students in the age group of 14-16 plays a very important role in their life and careers. Counselors or school administrators or teachers who face problems with adolescents like aggression, depression or use of drugs, can also be benefited by the findings of this study. It is evident that home environment plays an important role.

## SUGGESTIONS FOR FURTHER STUDY :

The researcher as suggested the following topics for the further more study.



The study may be repeated among the  
 Teacher Trainees, ex: B.Ed and MEd levels

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\* A similar study may be attempted on a sample of different educational levels namely students of Arts and Science, college of professional courses such as medical and engineering.

\* The present study was conducted for a sample of 300 numbers only. The same study can be attempted on a larger sample for the entire state.

\* A study can also be taken up to find the relationship between peer relations and other personality factors such as self-confidence and emotional maturity.



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## EVALUATION:-

### SUGGESTION AND FEEDBACK:-

The programme was largely successfully in altering the objectives. The strength of the colloquium was the quality of presentations made and role play, which stimulated the interest of the students.

After the paper presentation the students expressed with their feedback about the colloquium. Davi Sharma, Ranjini, Tamizh Selvi, Rakini etc.,

Expressed their feedback during the online session and few other students expressed their feedback in the ~~whatsapp~~ group created by M.Ed

II year students the Online Colloquium



*H. K. K.*

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## CONCLUSION:-

The purpose of the present study was to study the important difference and relationship among the variables like depression and decision making ability. The study is sure to find some usefulness in the field of education and findings of the study can serve as a data base for further research. As per the conditions of the environment and situations, the study has revealed the findings which would help to bring back to glorified role of students in the society.



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