

Criterion III - Research and Outreach activities

Key Indicator – 3.1 Resource Mobilisation for research

Metric No. 3.1.3 – In-house support is provided by the Institution to teachers for research purpose during the last five years

DOCUMENTARY EVIDENCE FOR EACH OF THE CLAIM

1. Seed money for Doctorial studies / research projects
2. Granting study leave for research field work
3. Undertaking appraisals of institutional functioning and Documentation
4. Facilitating research by providing organization / additional support
5. Organizing research circle/ internal seminar/ interactive session on research

A. Jay Aravind
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, THIRUVALLUR-631 203

Criterion III – Research and Outreach Activities

Key Indicator 3.2- Resource Mobilisation for Research

Metric No. 3.1.3 – In-house support is provided by
the institution to teachers for research purpose
during the last five years

Documentary evidence for each of the claim

1. Seed money for Doctorial studies Research Projects



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From

Date: 10.12.2019

Ms. J. Lizzie

Assistant Professor

Indhira College of Education

Pandur, Tiruvallur 631203

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Indira Group of Educational Institutions

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10/12/2019

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To

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I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "Role of Teachers in Promoting Gender awareness in the Classroom" in a UGC Care List journal. (Our Heritage UGC care approved International indexed and referred journal).

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Assistant Professor

Indhira College of Education

Pandur, Tiruvallur 631203

To

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PRINCIPAL
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Mrs. A. Nancy Rajathi

Assistant Professor

Indhira College of Education

Pandur, Tiruvallur 631203

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Yours faithfully,
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To

Mrs. N. Jayavardhini

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Indhira College of Education

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I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "Influence of Self-Governing Online Education for College Goers on Lockdown" in a UGC care list journal (Purakala). Best wishes for your contribution to the institute and research.

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Influence of Self-Governing Online Education for College Goers on Lockdown

Dr.R.Jayaprabha ,N.Jayavardhini

Director, School of Education Research Scholar,

VISTAS, Pallavaram, Chennai.VISTAS, Pallavaram, Chennai.

Abstract

Being a Higher Secondary School or College student these days is a very resilient position. Teachers are trouncing with liabilities on top of daily lectures and assignments. Keeping track of all these things isn't manageable. Working on the students whilst managing other things and making sure to submit before the target time is also a very exigent duty. All of this makes the life of a median student is very rigid. The educational apps are the latest technological evolution by products that promote the importance of videos and pictures more than texts and descriptions in the realm of cognition and education in colleges. The merit and column of the educational apps is a significant attribute in the progressing world of technology, and it can add a great touch of value to the mentees. Moreover, it's not hidden from anyone that our brain stores equally of data within the sort of images and not within the sort of texts. So thanks to apps and technology, we have collected a bunch of cool and productive apps which will help to manage the hectic life greater.

Key words: resilient, trouncing, liabilities, exigent, realm, caliber, mentees.

Introduction

Over the past decade, online education has moved from a next option for those trying to return to higher studies a critical component of just about every major universities scholastic programming. Jointly with non-degree seeking students, certifications, and thus the expansion of online courses like Massive Open Online Courses or online camp learning experiences, there is a trend for online education in most major academic profession. Online education allows variety of pros that modern students find attractive. It offers considerable flexibility, as well as the ability to go other place, to study anytime and anywhere. For many students, the recent encompassing of online courses in education programs has made college achievable. In addition, online colleges have had an absurd impact on education as an entire.

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Mrs. N. Jayavardhini

Assistant Professor

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Assistant Professor

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The Chairman / Managing Director

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To

Mrs. M.P. Rama Priya

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Indhira College of Education

Pandur, Thiruvallur -631203.


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the most common risks faced by a student during his/her school days are psychological, emotional, social, academic, and career risks.

Students encounter number of academic challenges in school, including getting time to study, understanding the study material and maintaining a high degree of motivation. Students face the most important competition when it involves examinations and scores. Often, students also find it difficult to manage their academic demands with work, own responsibilities and social experiences. The way they handle their day- to- day academic setbacks is said to be Academic Buoyancy.

CONCEPTUAL DEFINITION

Andrew j Martin (2008) has defined Academic buoyancy as a capacity to manage setbacks, challenges, and difficulties that are part of everyday academic life. It is defined as 'the ability of students to successfully deal with academic setbacks and difficulties that are 'typical of the ordinary course of school life (e.g. poor grades, competing deadlines, exam pressure and difficult schoolwork) Academic buoyancy refers to a positive, constructive, and adaptive response to the types of challenges and setbacks

Marsh, 2005). It is important to note that, regardless of their nature, the challenges that students face can devastate them, resulting in academic failure. More specifically academic buoyancy is defined as "the process of dealing with isolated poor grades and patches of poor performance, typical stress levels and daily pressures, threats to confidence due to poor scores, anxiety and self esteem, decreased level of motivation and engagement and the way in which learners deal with negative feedback on schoolwork".

RATIONALE

Challenges and struggles are part of everyone's lives. Like all others, the life of students too is filled with many barriers. Students are inexperienced when it comes to dealing with challenges and end up being victims to stress, anxiety and depression. Not knowing the proper way to deal with challenges can become a big barrier in the lives of the students.

The foremost challenge faced by students is in terms of academics. Students face a lot of stress when it comes to their learning process. The pressure of increasing cut-offs, parent's expectations, doing home

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To

Mrs. M.P. Rama Priya

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Pandur, Thiruvallur -631203.


I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "Role of Perfectionism on Psychological well-being among Higher Secondary Students" in a UGC care list journal (Turkish online journal of Qualitative inquiry). Best wishes for your contribution to the institute and research.

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Date: 07.09.2021


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From

Date: 06.09.2021

Mrs. M.P. Rama Priya

Assistant Professor

Indhira College of Education

Pandur, Tiruvallur 631203

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Respected Sir,

SUB: Requisition for financial support to publish paper in UGC care journal.

I would like to publish research paper on "Role of Perfectionism on Psychological Well being among higher Secondary Students " in a UGC care list journal (Turkish Journal of qualitative inquiry). I request you to support financially for the publishing the paper. The minimum budget for the project is Rs. 2500. I will be very much thankful to you, if you sanction the above amount.

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M.P. Rama Priya

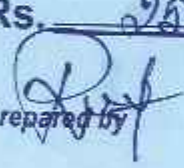
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Role of Perfectionism on Psychological Well-Being among Higher Secondary Students

¹M. P. Rama Priya, ²Dr. D. Hemalatha Kalaimathi,

¹Ph.D, Research Scholar, Lady Willingdon Institute of Advanced Study in Education.

²Assistant Professor, Lady Willingdon Institute of Advanced Study in Education, Chennai -5

Abstract

Perfectionism drives any individual to achieve goals which are extremely high in standard and hence pushes them to anxiety, stress and depression. The present study investigated the relationship between Perfectionism and Psychological Well-Being. Using Stratified Random sampling, 175 Thiruvallur District Higher Secondary students completed questionnaires of Psychological Well Being Scale (PWBS), 2012 and Perfectionism Scale. The results showed that gender and group opted by the higher secondary students differ significantly in their Perfectionism and Psychological Well-Being. It was also found that negative significant relationship existed between Perfectionism and Psychological Well-being.

Keywords: perfectionism, anxiety, stress & psychological well-Being.

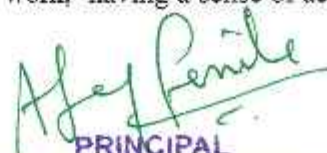
Introduction

A desire to achieve is healthy. But an irrational desire to always be perfect can cause problems. Perfectionism can affect young people as well as adults. Children and teenagers are often driven to be overachievers in their schoolwork as well as activities such as sports, clubs, community service, and jobs. This can lead to a fixation on success. Finally, it may impede one's ability to achieve it. When the demands placed on someone exceed their resources and coping abilities, their psychological well-being will be negatively affected.

Good psychological well-being includes an ability to get through the interactions of daily life without experiencing excessive emotional or behavioural incapacity and the person is able to be flexible and adaptive with a positive self-esteem. It also refers to management of negative features of personality. When this well-being deteriorates, then the problem of unhealthy personality come into existence. It also leads to anxiety, depression, low self-regard and reduced competence (Punjab, Heritage 2005). Hence the relationship between perfectionism and psychological well-being is assessed through this study.

Definition of Key terms

The psychological well-being is stated as the subjective feeling of fulfillment, happiness, satisfaction with life's experiences and of one's role in the world of work, having a sense of achievement, utility, belongingness (Kahn and Fawcett, 2004).


PRINCIPAL

From

Date: 01.06.2022

Mrs. U. Visalatchi

Assistant Professor

Indhira College of Education

Pandur, Tiruvallur 631203

To

The Chairman / Managing Director

Indira Group of Educational Institutions

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Respected Sir,

SUB: Requisition for financial support to publish paper in UGC care journal.

I would like to publish research paper on "Personal Hygiene and Physical Health among High School Students" in a journal of Educational and Psychological Research. I request you to support financially for the publishing the paper. The minimum budget for the project is Rs. 2500. I will be very much thankful to you, if you sanction the above amount.

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Date: 02.06.2022



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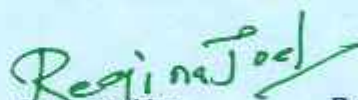
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PERSONAL HYGIENE AND PHYSICAL HEALTH AMONG HIGH SCHOOL STUDENTS

Dr. S. Karthiyayini* & U. Visalatchi**

ABSTRACT

The present study analyses the relationship of Personal Hygiene and Physical Health of High School Students. 300 High School Students were selected by using Stratified Random sampling technique. Differential and Co-relational statistical analysis was used to analyse data. Type of School Management and Parent's Qualification were found to be Significant based on Personal Hygiene. Gender, type of school Management and Parent's Qualification were found to be Significant based on Physical Health.

Key Words: Personal Hygiene, Physical Health, Stratified Random Sampling.

INTRODUCTION

Having Good Personal hygiene practices means taking care and leading a healthy lifestyle. Personal hygiene habits and techniques should be instilled by parents to their children at a very young age. The Goal of personal Hygiene is to be keeping our body healthy and work in clean and germ-free. Good hygiene will help prevent spreading germs to other people and prevent illness. Practicing proper hygiene will keep the body healthy while giving confidence.

PERSONAL HYGIENE

Good Personal hygiene is one of the most effective ways to prevent the development and spread of infections. Maintaining good personal hygiene in the healthcare environment includes skin care, hair care, hand and nail care, dental care, and keeping clothes clean and neat at all times. While personal appearance is very important and helps improve self-confidence and self-esteem, such as bathing, is very much dependent on the culture. "Personal Hygiene refers to maintaining cleanliness of one's body and clothing to preserve overall health and well-being."

PHYSICAL HEALTH

Physical health can be defined as normal functioning of the body at all levels, a normal course of biological processes that ensures individual survival and reproduction, a dynamic

balance between the body's functions and the environment; participation in social activities and socially useful work; performance of basic.

A person who has good physical health is likely to have bodily functions and processes working at their peak. This is not only due to an absence of disease. Regular exercise, balanced nutrition, and adequate rest all contribute to good health. People receive medical treatment to maintain the balance, when necessary. Physical well-being involves pursuing a healthful lifestyle to decrease the risk of disease. Maintaining physical fitness, for example, can protect and develop the endurance of a person's breathing and heart function, muscular strength, flexibility, and body composition.

REVIEW OF LITERATURE

Pal and Pal (2017) conducted a study on Impact of health education regarding personal hygiene and dietary habits on morbidity profile of students: an intervention study in a government secondary school in a slum area of Kolkata. Most of the morbidities among school children are preventable by ensuring healthy practices regarding personal hygiene and diet. The current study aimed to assess effectiveness of a health education programme regarding personal hygiene and diet in improving the morbidity profile of the adolescent girls in an urban slum. A quasi experimental study was conducted in two

*Associate Professor, School of Education, Vistas, Pallavaram (Chennai)

**Ph.D Research Scholar, School of Education, Vistas, Pallavaram (Chennai)


PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 263

From

Date: 11.08.2021

Mrs. D. Jayakumari
Assistant Professor
Indhira College of Education
Pandur, Tiruvallur 631203

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Respected Sir,

SUB: Requisition for financial support to publish paper in UGC
care journal.

I would like to publish research paper on "Comparative study on Self directed learning among high School and Higher Secondary School Students" in a UGC Care list Journal (Journal of Oriental Institute). I request you to support financially for the publishing the paper. The minimum budget for the project is Rs. 2500. I will be very much thankful to you, if you sanction the above amount.

The budget is as follows:

1. Xerox of the Tools = Rs. 500
2. Data Collection =Rs. 1000
3. Typing and mailing = Rs. 1000

Total = Rs. 2500

A. Jayaraj
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Yours faithfully,

D. Jayaraj

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC at B++ grade with CGPA 2.87 College Code - 12306

To

Mrs. D. Jayakumari

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.


I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "Comparative study on Self directed learning among high school and higher secondary school students" in a UGC care list journal (Journal of the Oriental Institute).

Best wishes for your contribution to the institute and research.

For **INDIRA EDUCATIONAL AND CHARITABLE TRUST**


Managing Trustee
CHAIRMAN

Place: Pandur
Date: 11.08.2021


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Date 11/8/2021

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Journal of the Oriental Institute



CERTIFICATE OF PUBLICATION

This is to certify that the article entitled

COMPARATIVE STUDY ON SELF DIRECTED LEARNING AMONG HIGH SCHOOL AND HIGHER SECONDARY SCHOOL STUDENTS

Authored By

D.Jayakumari

Research Scholar, Department of Education Vels Institute of
Science, Technology & Advanced Studies (VISTAS), Pallavaram,
Chennai, India

Published in

Journal of the Oriental Institute ; ISSN: 0030-5324

Vol. 72, Issue. 03, No. 1, July - September: 2023

UGC Care Approved, Group I,
Peer Reviewed and Referred Journal



A. J. Perinik
PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203



From

Date: 07.08.2023

Mrs. D. Jayakumari
Assistant Professor
Indhira College of Education
Pandur, Tiruvallur 631203

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Respected Sir,

SUB: Requisition for financial support to publish paper in UGC care journal.

I would like to publish research paper on "A Study on Socio Emotional School Climate among Higher Secondary School Students" in a UGC care list journal (Journal of the Asiatic Society of Mumbai). I request you to support financially for the publishing the paper. The minimum budget for the project is Rs. 2500. I will be very much thankful to you, if you sanction the above amount.

The budget is as follows:

1. Xerox of the Tools = Rs. 500
2. Data Collection =Rs. 1000
3. Typing and mailing = Rs. 1000

Total = Rs. 2500

D. Jayakumari
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Yours faithfully,

D. Jayakumari

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University
Re-Accredited by NAAC at B++ grade with CGPA 2.87 College Code - 12306

To

Mrs. D. Jayakumari

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.


I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "A study on Socio Emotional School Climate among higher secondary school students" in a UGC care list journal (Journal of the Asiatic Society of Mumbai).

Best wishes for your contribution to the institute and research.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


Managing Trustee
CHAIRMAN

Place: Pandur
Date: 11.08.2021


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JOURNAL OF THE ASIATIC SOCIETY OF MUMBAI

UGC CARE GROUP - I
JOURNAL
ISSN : 0972-0766

CERTIFICATE OF PUBLICATION

This is to certify that the article entitled

A STUDY ON SOCIO EMOTIONAL SCHOOL CLIMATE AMONG HIGHER SECONDARY SCHOOL STUDENTS



Authored By

D. JAYAKUMARI

Research Scholar, Department of Education, Vels Institute of Science, Technology & Advanced Studies (VISTAS) Pallavaram,
Chennai, India

Published in

JOURNAL OF THE ASIATIC SOCIETY OF MUMBAI
ISSN : 0972-0766

Vol. : XCVI, No:24, 2023

UGC CARE Approved, Peer Reviewed and Referred Journal



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INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

From

Date: 01.03.2023

Mr. N. Mohana Kannan
Assistant Professor
Indhira College of Education
Pandur, Tiruvallur 631203

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

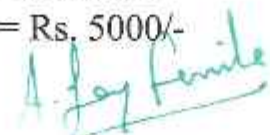
Respected Sir,

SUB: Requisition for financial support to publish paper in UGC care journal.

I would like to publish research paper on "Mental Health of different types of college students" in a UGC care list journal (SCOPUS International Journal of Membrane Science and Technology). I request you to support financially for the publishing the paper. The minimum budget for the project is Rs. 5000. I will be very much thankful to you, if you sanction the above amount.

The budget is as follows:

1. Xerox of the Tools = Rs. 500
 2. Data Collection =Rs. 1000
 3. Typing and mailing = Rs. 1000
 4. Publication cost = Rs. 2500
- Total = Rs. 5000/-


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Yours faithfully,


(N. MOHANA KANNAN)

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University
Re-Accredited by NAAC at B++ grade with CGPA 2.87 College Code - 12306

To

Mr. N. Mohana Kannan

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

I am happy to sanction Rs. 5000 for publication of research journal in UGC care list on "Mental Health of different types of college students" in a UGC Care List journal. (SCOPUS International Journal of Membrane Science and Technology).

Best wishes for your contribution to the institute and research.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


Managing Trustee
CHAIRMAN

Place: Pandur

Date: 13.03.2023


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Vr. No. 14715

Date 13/3/2023

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Regina Joel
Approved by

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Mental Health of Different Types of College Students

Mr. Mohana Kannan^{1*}, Dr. K. Sheeba²

¹Ph.D., Research Scholar, School of Education, Vels Institute of Science, technology & Advanced Studies Paltavarum, Chennai- 600 117.

²Associate Professor, School of Education, Vels Institute of Science, technology & Advanced Studies, Paltavarum, Chennai- 600 117.

Abstracts: Mental health is defined as a state of well-being in which an individual realizes his or her abilities, can cope with the normal stresses of life, can learn and work productively and can make a contribution to his or her community. As mental health of the students, is measured by life satisfaction, positive effect and depression which constitute the two way of viewing the mental health in the positive as well as negative. In this present study normative Survey method was adopted. Higher education students of Chennai District were used as a sample for the study. Data is collected from 822 college students of which Arts and Science college students is 147, Engineering college students is 196 and Education college students is 479 from different type of colleges are involved in this present study. Result of the present study is there is a significant difference between gender, locality, type of institution and types of colleges. The dimensions of mental health is well correlated with each other.

1. INTRODUCTION

Adolescent students transferring from school education to higher education either in college or University in different courses represents a key transition point in a young person's life. It is a stage often accompanied by significant change combined with high expectations in their life to achieve their goal to high expectations for the students of what university life will be like, and also high expectations from themselves and others in academic performance. Relevant factors which initiate to study about the mental health of the adolescent students include moving away from home, learning to live independently, developing new social networks, adjusting to new ways of learning by using digital technology, and now also dealing with the additional greater financial burdens to purchase the instrument for learning like laptop and mobile.

2. MENTAL HEALTH

Mental health refers to how people evaluate their lives and includes variables such as life satisfaction, lack of depression and anxiety, and positive mood and emotions (Diener and Diener, 1995). Mental health is defined as a state of well-being in which an individual realizes his or her abilities, can cope with the normal stresses of life, can learn and work productively and can make a contribution to his or her community.

The comprehensive model of mental health, also known as the dual-continuum model, identifies two correlated yet distinct dimensions: one is the positive wellbeing or mental health, on the other hand are the mental health problems and disorders. As mental health of the students, is measured by life satisfaction, positive effect and depression which constitute the two way of viewing the mental health in the positive as well as negative. At this point, life satisfaction, positive effect and depression can be handled as the dimensions of mental health for the present study.



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From

Date: 09.03.2023

Mr. N. Mohana Kannan
Assistant Professor
Indhira College of Education
Pandur, Tiruvallur 631203

To

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The budget is as follows:

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- Total = Rs. 2500/-

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Mr. N. Mohana Kannan

Assistant Professor

Indhira College of Education

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I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "Study on Creative among the higher education students" in a UGC Care List journal. (Shodha Praba UGC care approved, group I, Peer reviewed and referred journal).

Best wishes for your contribution to the institute and research.

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Date: 03.03.2023


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Regina Joel
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ISSN : 0974-8946

CERTIFICATE OF PUBLICATION

This is to certify that the article entitled

STUDY ON CREATIVITY AMONG THE HIGHER EDUCATION STUDENTS

Authored By

N. MOHANA KANNAN

Ph.D., Research Scholar, School of Education, Vels Institute of Science, technology & Advanced Studies Pallavaram, Chennai

Published in

Shodha Prabha; ISSN 0974-8946

Volume (वर्ष)-48, तृतीयक (Issue-03), Book No.07 : 2023

UGC Care Approved, Group I, Peer Reviewed and Referred Journal



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From

Date: 01.06.2022

Mrs. U. Visalatchi

Assistant Professor

Indhira College of Education

Pandur, Tiruvallur 631203

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Respected Sir,

SUB: Requisition for financial support to publish paper in UGC care journal.

I would like to publish research paper on "A Study on Family Bonding and Academic Competence among Higher Secondary Students" in a journal of foundation Research. I request you to support financially for the publishing the paper. The minimum budget for the project is Rs. 2500. I will be very much thankful to you, if you sanction the above amount.

The budget is as follows:

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 2. Data Collection =Rs. 1000
 3. Typing and mailing = Rs. 1000
- Total = Rs. 2500

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PANDUR, TIRUVALLUR-631 203

Yours faithfully,

U. Visalatchi

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Re-Accredited by NAAC at B++ grade with CGPA 2.87 College Code - 12306

To

Mrs. U. Visalatchi

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "A study on Family Bonding and Academic Competence among Higher Secondary Students" in a UGC Care Indexed, Peer Reviewed and Referred journal. (Journal of Foundational Research).


Best wishes for your contribution to the institute and research.

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CHAIRMAN

Place: Pandur

Date: 07.07.2023


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Vr. No.

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Date

7/7/23

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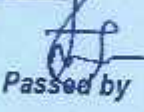
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towards UAG Care journal publication

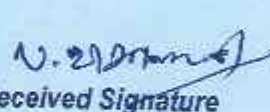
and debit

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Prepared by


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Approved by


Received Signature



Journal of Foundational Research

ISSN : 2395 - 5635

CERTIFICATE OF ACCEPTANCE

This is to certify that the article entitled

A STUDY ON FAMILY BONDING AND ACADEMIC COMPETENCE AMONG HIGHER SECONDARY STUDENTS

Authored By

Mrs.U.Visalatchi

Ph.D, Research Scholar, Department of Education, VISTAS, Chennai -117

Published in

Volume XXXI, No. 2 (G) July – December : 2023

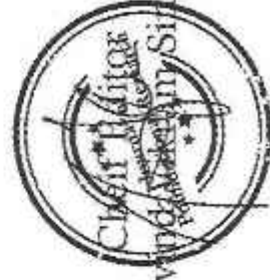
Journal of Foundational Research with ISSN : 2395-5635

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University Grants Commission



Arvind Aravind Singh
PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TRIVANLUR-691 203

From

Date: 07.07.2023

Mrs. U. Visalatchi
Assistant Professor
Indhira College of Education
Pandur, Tiruvallur 631203

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Respected Sir,

SUB: Requisition for financial support to publish paper in UGC care journal.

I would like to publish research paper on "Social Media Addiction among Higher Secondary Students" in a UGC care list journal (Journal of Bharatiya Shiksha Shodh Patrika, Multi Disciplinary referred Journal). I request you to support financially for the publishing the paper. The minimum budget for the project is Rs. 2500. I will be very much thankful to you, if you sanction the above amount.

The budget is as follows:

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2. Data Collection =Rs. 1000
3. Typing and mailing = Rs. 1000

Total = Rs. 2500

A. Jayaram
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR 631 203

Yours faithfully,

2-05-2023

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University
Re-Accredited by NAAC at B++ grade with CGPA 2.87 College Code - 12306

To

Mrs. U. Visalatchi

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

I am happy to sanction Rs. 2500 for publication of research journal in UGC care list on "Social Media addiction among higher secondary students" in a UGC Care list journal. (Journal of Bharatiya Shiksha Shodh Patrika).

Best wishes for your contribution to the institute and research.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


Managing Trustee
CHAIRMAN

Place: Pandur

Date: 18.07.2023



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PANDUR, TIRUVALLUR-631 203

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Vr. No. 14725

Date 18/7/23

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Received Signature 



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BHARATIYA SHIKSHA SHODH PATRIKA

ISSN : 0970-7603

CERTIFICATE OF PUBLICATION

This is to certify that the article entitled

SOCIAL MEDIA ADDICTION AMONG HIGHER SECONDARY STUDENTS

Authored By

Mrs.U.Visalatchi

Ph.D, Research Scholar, Department of Education VISTAS, Chennai -117

Published in

Bharatiya Shiksha Shodh Patrika (भारतीय शिक्षा शोध पत्रिका)

: ISSN 0970-7603 with IF=7.28

Vol. 42, No. 2(IV), July - December : 2023

UGC Care Approved, Group I, Peer Reviewed, Bilingual, Biannual,

Multi-disciplinary Refereed Journal

Prof. Sunita Kishor Pandey



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Criterion III - Research and Outreach Activities

Key Indicator – 3.1 Resource Mobilisation for research

Metric No. 3.1.3 – In-house support is provided by the institution to teachers for research purpose during the last five years

Documentary evidence for each of the claim

2. Granting Study leave for research field work


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

09.09.2019

From

Mrs. M.P. Rama Priya
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in Lady Willingdon Institute of Advanced Study in Education as a part time scholar. I require study leave for my Ph.D research work. Hence I request you to kindly provide me leave from 11.09.2019 to 12.10.2019 for my research work.

Thanking you.

Yours faithfully

M.P.R. Priya

A. Jayaram
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. M.P. Rama Priya

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 9.9.2019, I permit you to avail study leave from 11.09.2019 to 12.10.2019 for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST



Managing Trustee

CHAIRMAN

Place: Pandur

Date: 09.09.2019



PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

03.11.2021

From

Mrs. N. Jayavardhini
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I require study leave for my Ph.D research work. Hence I request you to kindly provide me leave from 04.11.2021 to 06.12.2021 for my research work.

Thanking you.

Yours faithfully

N. Jayavardhini

N. Jayavardhini
PRINCIPAL,
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

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Re-Accredited by NAAC

To

Mrs. N. Jayavardhini

Assistant Professor


Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 3.11.2021, I permit you to avail study leave from 4.11.2021 to 6.12.2021 for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST

Trustee


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Place: Pandur

Date: 3.11.2021

11.03.2022

From

Mrs. U. Visalatchi
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I require study leave for my Ph.D research work. Hence I request you to kindly provide me leave from 15.03.2022 to 14.04.2022 for my research work.

Thanking you.

Yours faithfully



PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. U. Visalatchi

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 11.03.2022, I permit you to avail study leave from 15.03.2022 to 16.04.2022 for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


CHAIRMAN

Managing Trustee

Place: Pandur

Date: 11.03.2022



PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

10.2.2022

From

Mrs. D. Jayakumari
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I require study leave for my Ph.D research work. Hence I request you to kindly provide me leave from 11.02.2022 to 10.03.2022 for my research work.

Thanking you.

Yours faithfully




PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. D. Jayakumari

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.


With reference to your letter dated 10.02.2022, I permit you to avail study leave from 11.02.2022 to 10.03.2022 for your research work. My best wishes for your research work.

For **INDIRA EDUCATIONAL AND CHARITABLE TRUST**

CHAIRMAN Managing Trustee

Place: Pandur

Date: 10.02.2022


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

01.06.2022

From

Mr. N. Mohana Kannan
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I require study leave for my Ph.D research work. Hence I request you to kindly provide me leave from 02.06.2022 to 15.07.2022 for my research work.

Thanking you.

Yours faithfully



PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC at B++ grade

To

Mr. N. Mohana Kannan

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 1.06.2022, I permit you to avail study leave from 2.06.2022 to 15.07.2022 for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


CHAIRMAN Managing Trustee

Place: Pandur
Date 1.06.2022


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

02.11.2022

From

Mr. A. Jayapaul
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I require study leave for my Ph.D research work. Hence I request you to kindly provide me leave from 04.11.2022 to 05.12.2022 for my research work.

Thanking you.

Yours faithfully

A. Jayapaul
PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

A. Jayapaul

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC at B++ grade

To

Mr. A. Jayapaul

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 2.11.2022, I permit you to avail study leave from 4.11.2022 to 5.12.2022 for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


CHAIRMAN Managing Trustee

Place: Pandur

Date: 2.11.2022


PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 293

01.08.2023

From

Mrs. A. Nancy Rajathi
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through


The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I require study leave for my Ph.D research work. Hence I request you to kindly provide me leave from 02.08.2023 to 01.09.2023 for my research work.

Thanking you.

Yours faithfully


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203


1/08/23

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. A. Nancy Rajathi

Assistant Professor

Indhira College of Education


Pandur, Thiruvallur -631203.

With reference to your letter dated 1.8.2023, I permit you to avail study leave from 2.08.2023 to 1.09.2023 for your research work. My best wishes for your research work.

For **INDIRA EDUCATIONAL AND CHARITABLE TRUST**


Managing Trustee
CHAIRMAN

Place: Pandur
Date: 1.08.2021


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203


Criterion III – Research and Outreach Activities

Key Indicator – 3.1 Resource Mobilisation for research

Metric No. 3.1.3 – In-house support is provided by the institution to teachers for research purpose during the last five years

Documentary evidence for each of the claim

4. Facilitating Appraisals of Institutional Functioning and Documentation


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

INDHIRA COLLEGE OF EDUCATION

Approved by NCTE & Affiliated by Tamil Nadu Teachers Education
University, Re-accredited by NAAC

No.1, V.G.R Gardens, V.G.R Nagar, Pandur, Thiruvallur District - 631 203

3.1.3 IN-HOUSE SUPPORT IS PROVIDED BY THE INSTITUTION TO TEACHERS FOR RESEARCH PURPOSE DURING THE LAST FIVE YEARS

**Undertaking Appraisals of Institutional functioning and
documentation**

Year: 2018 - 2019

Sl.No	Particulars	Strongly Agree	Agree	Neutral	Dis agree	Strongly Disagree
1	Financial support from the institution is provided to teachers for doctoral programme	✓				
2	Seed money for teachers pursuing doctoral programme is provided easily in the institution	✓				
3	Proper procedure of taking leave for research work is there in the institution	✓				
4	Encouragement to teachers for their novel ideas is provided by institution	✓				
5	Institution encourages different types of discussions on topics related to research	✓				
6	Average time provided to facilities for research is sufficient	✓				

N. Jayalakshmi
IQAC Coordinator

A. Jayaram
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

R. S.
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

INDHIRA COLLEGE OF EDUCATION

Approved by NCTE & Affiliated by Tamil Nadu Teachers Education
University, Re-accredited by NAAC

No.1, V.G.R Gardens, V.G.R Nagar, Pandur, Thiruvallur District - 631 203


3.1.3 IN-HOUSE SUPPORT IS PROVIDED BY THE INSTITUTION TO TEACHERS FOR RESEARCH PURPOSE DURING THE LAST FIVE YEARS


**Undertaking Appraisals of Institutional functioning and
documentation**

Year: 2019-2020

Sl.No	Particulars	Strongly Agree	Agree	Neutral	Dis agree	Strongly Disagree
1	Financial support from the institution is provided to teachers for doctoral programme	✓				
2	Seed money for teachers pursuing doctoral programme is provided easily in the institution	✓				
3	Proper procedure of taking leave for research work is there in the institution	✓				
4	Encouragement to teachers for their novel ideas is provided by institution	✓				
5	Institution encourages different types of discussions on topics related to research	✓				
6	Average time provided to facilities for research is sufficient	✓				

N. J. 
IQAC Coordinator


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203


Principal
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

INDHIRA COLLEGE OF EDUCATION

Approved by NCTE & Affiliated by Tamil Nadu Teachers Education
University, Re-accredited by NAAC

No.1, V.G.R Gardens, V.G.R Nagar, Pandur, Thiruvallur District - 631 203

3.1.3 IN-HOUSE SUPPORT IS PROVIDED BY THE INSTITUTION TO TEACHERS FOR RESEARCH PURPOSE DURING THE LAST FIVE YEARS

Undertaking Appraisals of Institutional functioning and
documentation

Year: 2020 - 2021

Sl.No	Particulars	Strongly Agree	Agree	Neutral	Dis agree	Strongly Disagree
1	Financial support from the institution is provided to teachers for doctoral programme	✓				
2	Seed money for teachers pursuing doctoral programme is provided easily in the institution	✓				
3	Proper procedure of taking leave for research work is there in the institution	✓				
4	Encouragement to teachers for their novel ideas is provided by institution	✓				
5	Institution encourages different types of discussions on topics related to research	✓				
6	Average time provided to facilities for research is sufficient	✓				

N. J. ...
IQAC Coordinator

A. Jayaraman
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

J. R. ...
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

INDHIRA COLLEGE OF EDUCATION

Approved by NCTE & Affiliated by Tamil Nadu Teachers Education
University, Re-accredited by NAAC

No.1, V.G.R Gardens, V.G.R Nagar, Pandur, Thiruvallur District - 631 203

3.1.3 IN-HOUSE SUPPORT IS PROVIDED BY THE INSTITUTION TO TEACHERS FOR RESEARCH PURPOSE DURING THE LAST FIVE YEARS

Undertaking Appraisals of Institutional functioning and
documentation

Year: 2021-2022

Sl.No	Particulars	Strongly Agree	Agree	Neutral	Dis agree	Strongly Disagree
1	Financial support from the institution is provided to teachers for doctoral programme	✓				
2	Seed money for teachers pursuing doctoral programme is provided easily in the institution	✓				
3	Proper procedure of taking leave for research work is there in the institution	✓				
4	Encouragement to teachers for their novel ideas is provided by institution	✓				
5	Institution encourages different types of discussions on topics related to research	✓				
6	Average time provided to facilities for research is sufficient	✓				

N. J. ...
IQAC Coordinator

A. Jayaraman
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, THIRUVALLUR-631 203

Regina Joel
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, THIRUVALLUR-631 203

INDHIRA COLLEGE OF EDUCATION

Approved by NCTE & Affiliated by Tamil Nadu Teachers Education
University, Re-accredited by NAAC

No.1, V.G.R Gardens, V.G.R Nagar, Pandur, Thiruvallur District - 631 203

3.1.3 IN-HOUSE SUPPORT IS PROVIDED BY THE INSTITUTION TO TEACHERS FOR RESEARCH PURPOSE DURING THE LAST FIVE YEARS

**Undertaking Appraisals of Institutional functioning and
documentation**

Year: 2022 - 2023

Sl.No	Particulars	Strongly Agree	Agree	Neutral	Dis agree	Strongly Disagree
1	Financial support from the institution is provided to teachers for doctoral programme	✓				
2	Seed money for teachers pursuing doctoral programme is provided easily in the institution	✓				
3	Proper procedure of taking leave for research work is there in the institution	✓				
4	Encouragement to teachers for their novel ideas is provided by institution	✓				
5	Institution encourages different types of discussions on topics related to research	✓				
6	Average time provided to facilities for research is sufficient	✓				

N. J. ...
IQAC Coordinator

A. Jayaraman
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Regina Joel
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203


Criterion III – Research and Outreach Activities

Key Indicator – 3.1 Resource Mobilisation for research

Metric No. 3.1.3 – In-house support is provided by the institution to teachers for research purpose during the last five years

Documentary evidence for each of the claim

4. Facilitating research by providing organizational supports


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

12.02.2020

From

Mrs. M.P. Rama Priya

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Through

The Principal

Indhira College of Education

I am pursuing Ph.D degree in VELs University as a part time scholar. I request your goodself to permit me to utilise the computer lab for my research work

Thanking you.

Yours faithfully

M.P. Rama Priya

A. Jayaraman

PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. M. P. Rama Priya

Assistant Professor

Indhira College of Education


Pandur, Thiruvallur -631203.

With reference to your letter dated 12.02.2020, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


CHAIRMAN Managing Trustee

Place: Pandur
Date: 12.02.2020


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

15.03.2021

From

Mrs. D. Jayakumari
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I request your goodself to permit me to utilise the computer lab for my research work

Thanking you.

Yours faithfully

D. Jay

A. Jayaraj
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. D. Jayakumari

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 15.03.2021, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST



Managing Trustee

CHAIRMAN

Place: Pandur

Date: 15.03.2021



PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

05.04.2021

From

Mr.N. Mohana Kannan

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Through

The Principal

Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I request your goodself to permit me to utilise the computer lab for my research work

Thanking you.

Yours faithfully

N. Mohana Kannan

A. Jayaraj

PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mr. N. Mohana Kannan

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 5.04.2021, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST



Managing Trustee

CHAIRMAN

Place: Pandur

Date: 05.04.2021

A. Jayaraj
PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

03.05.2021

From

Mr. A. Jayapaul

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Through

The Principal

Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I request your goodself to permit me to utilise the computer lab for my research work

Thanking you.

Yours faithfully

A. Jayaraj
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

A. Jayaraj

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mr. A. Jayapaul

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 3.05.2021, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For **INDIRA EDUCATIONAL AND CHARITABLE TRUST**



Managing Trustee

CHAIRMAN

Place: Pandur

Date: 03.05.2021



PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

02.02.2021

From

Mrs. N. Jayavardhini
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203

Through

The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I request your goodself to permit me to utilise the computer lab for my research work

Thanking you.

Yours faithfully

N. Jayavardhini

A. Jayavardhini
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. N. Jayavardhini

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 2.12.2021, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST



Managing Trustee

CHAIRMAN

Place: Pandur

Date: 2.12.2021



PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

01.11.2022

From

Mrs.U.Visalatchi

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Through

The Principal

Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I request your goodself to permit me to utilise the computer lab for my research work

Thanking you.

Yours faithfully



PRINCIPAL

INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University
Re-Accredited by NAAC

To

Mrs. U. Visalatchi

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 1.11.2022, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST



Managing Trustee

CHAIRMAN

Place: Pandur

Date: 1.11.2.2022



INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

02.02.2023

From

Mrs. A. Nancy Rajathi
Assistant Professor
Indhira College of Education
Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director
Indira Group of Educational Institutions
Pandur, Tiruvallur 631 203


Through


The Principal
Indhira College of Education

I am pursuing Ph.D degree in VELS University as a part time scholar. I request your goodself to permit me to utilise the computer lab for my research work

Thanking you.

Yours faithfully


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203


2/2/23

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Mrs. A. Nancy Rajathi

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 2.02.2023, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST


Managing Trustee
CHAIRMAN

Place: Pandur

Date: 02.02.2023


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, THIRUVALLUR-631 203

06.02.2023

From

Dr. J. Lizzie

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Through

The Principal

Indhira College of Education

Respected sir, I request your goodself to permit me to utilise the computer lab for my research work.

Thanking you.

A. Jay Ferrite
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Yours faithfully



Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University
Re-Accredited by NAAC

To

Dr. J. Lizzie

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

With reference to your letter dated 06.02.2023, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST
Managing Trustee

Place: Pandur
Date: 06.02.2023

A. Jayaraj
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

12.08.2023

From

Dr. R. Chandra Sekaran

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.

To

The Chairman / Managing Director

Indira Group of Educational Institutions

Pandur, Tiruvallur 631 203

Through

The Principal


Indhira College of Education

Respected sir, I request your goodself to permit me to utilise the computer lab for my research work.

Thanking you.

Yours faithfully




PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Recognized by NCTE / Affiliated to the TamilNadu Teachers Education University

Re-Accredited by NAAC

To

Dr. R. Chandra Sekaran

Assistant Professor

Indhira College of Education

Pandur, Thiruvallur -631203.


With reference to your letter dated 12.08.2023, I permit you to utilize the Computer Lab wisely for your research work. My best wishes for your research work.

For INDIRA EDUCATIONAL AND CHARITABLE TRUST

Managing Trustee

Place: Pandur

Date: 12.08.2023


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203


Criterion III – Research and Outreach Activities

Key Indicator – 3.1 Resource Mobilisation for research

Metric No. 3.1.3 – In-house support is provided by the institution to teachers for research purpose during the last five years

Documentary evidence for each of the claim

**5. Organizing research circle/internal seminar /
interactive session on research**


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203



**INDHIRA COLLEGE OF EDUCATION
Pandur, Tiruvallur district 631 203**

- 3.1.3 In-house support is provided by the institution to teachers for research purpose**
- 5. Organizing research circle/internal seminar/interactive session on research**

Documentary evidence - Internal seminar

A handwritten signature in green ink, appearing to read 'A. Jeyaraj', is written over a horizontal line.

**PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203**

Interactive Session on Article Writing

23.09.2022

- Objectives
- Outline the goals and objectives of writing a research article.
- Emphasize the role of research articles in academia and knowledge dissemination.
- Discuss the typical structure (abstract, introduction, methodology, results, discussion, conclusion).
- Highlight the importance of clarity, coherence, and logical flow.
- Summarize strategies for choosing a research topic.
- Emphasize the importance of relevance and originality.
- Outline different research designs (qualitative, quantitative, mixed methods).
- Discuss the importance of a well-defined methodology section.
- Provide additional resources and references for those interested in delving deeper into research article writing.

Interactive Session on Article Writing

23.09.2022



- Dr. Regina Joel, Principal conducted Interactive session on Article writing

Regina Joel
PRINCIPAL
INDIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Mrs. N. Jayavardhini, Assistant Professor shared her views on
Research Preliminary writing on 22.08.2022



- Explanation of the research process, including problem identification, literature review, data collection, analysis, and writing.

A. Jayavardhini
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 263

Mrs. U. Visalatchi, Assistant Professor conducting interactive
session on Action Research
04.11.2022

conducting a seminar on action research is a fantastic way to engage participants in a collaborative and reflective learning experience.

- Action research is a systematic approach to solving practical problems and improving professional practices through the process of reflection and collaborative inquiry. It involves a cyclical process of planning, acting, observing, and reflecting, leading to informed and intentional changes.



- Mrs. U. Visalatchi,
Assistant Professor
conducting interactive
session on Action
Research
04.11.2022

A. Jayaraman

PRINCIPAL
INDHRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 207

Mrs. D. Jayakumari shared her view on Research Methodology

05.12.2022

Research methodology refers to the systematic process of planning, executing, and analyzing research activities. It outlines the procedures and techniques researchers use to conduct investigations, collect data, and draw conclusions.

Here are key components of research methodology:

- 1. Research Design**
- 2. Sampling**
- 3. Data Collection Methods**
- 4. Instruments and Tools**
- 5. Variables and Measures**
- 6. Data Analysis Techniques**
- 7. Data Interpretation and Presentation**
- 8. Research Validity and Reliability**
- 9. Timeframe and Resources**
- 10. Limitations and Delimitations**


PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 202

Mrs. D. Jayakumari shared her view on Research Methodology
05.12.2022



A. Jayaram
PRINCIPAL
INDHIRA COLLEGE OF EDUCATION
PANDUR, TIRUVALLUR-631 203

Workshop on data Analysis using SPSS (graph)

1.10.2022

- Absolutely, conducting a workshop on creating graphs in SPSS can be both informative and practical.
 - » Here's an outline to guide your workshop:
- Briefly explain the types of graphs that can be created in SPSS.
- Discuss the importance of choosing the right graph for different types of data.
- Creating a Bar Chart
- Generating a Line Chart
- Designing a Pie Chart
- Combining Multiple Charts

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webinar on Research Report Writing

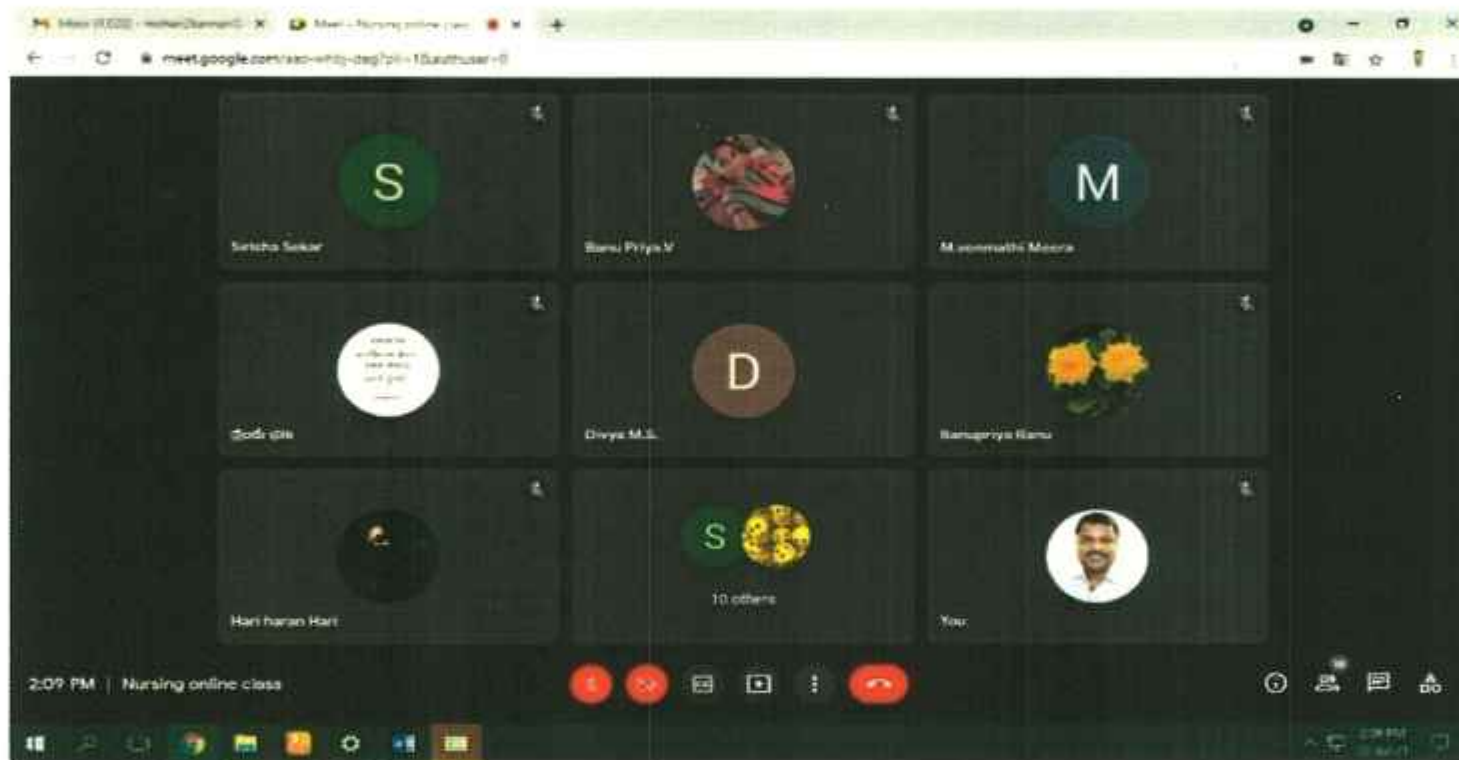
30.09.2020

- Conducting a webinar on report writing is a valuable endeavor for individuals in various fields who need to communicate effectively through written documentation.
- Understanding the Purpose of Reports
- Types of Reports
- Planning and Organization
- Structuring the Report
- Writing Style and Tone
- Citation and Referencing
- Editing and Proofreading

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