



## INDHIRA COLLEGE OF EDUCATION

### 3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION

#### TREE PLANTATION

#### REPORT 1

**Date** : 05.09.2022

**Programme Category** : Tree Plantation

**Introduction:** Indhira College of Education, committed to fostering environmental awareness and community engagement, organized a tree plantation initiative in Kuppaththu Palayam Village. This endeavor aimed to contribute to local environmental conservation efforts while also promoting the involvement of students in community service.

**Date and Location:** The tree plantation event took place on 5.09.2022 at Kuppaththu Palayam Village by our Chairman Thiru. V. G. Raajendran, MLA. The choice of location was strategic, aiming to enhance the green cover of the village and provide long-term ecological benefits to the community.

**Participants:** Students enrolled in both B.Ed and M.Ed programs enthusiastically participated in the event. Faculty members and local authorities also lent their support and guidance, ensuring the success of the initiative.

#### **Objectives:**

1. To raise awareness about the importance of environmental conservation.
2. To actively engage students in community service activities.
3. To contribute to the ecological restoration and beautification of Kuppaththu Palayam Village.
4. To foster a sense of responsibility and stewardship towards nature among students.

**Conclusion:** The tree plantation initiative undertaken by students of Indhira College of Education reflects a commitment to sustainable development and community engagement. By actively participating in environmental conservation efforts, students not only contribute to the well-being of local ecosystems but also cultivate values of empathy, citizenship, and environmental responsibility. This endeavor stands as a testament to the power of collective action in addressing pressing environmental challenges and building resilient communities for the future.

**TREE PLANTATION ON 5.9.2022**



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**3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**HAND WASHING ACTIVITY**

**REPORT 2**

**Date** : 17.09.2023  
**Place** : PUE School, Ellupur Village  
**Programme Category** : Hand washing Activity

Handwashing is a fundamental hygiene practice that plays a critical role in preventing the spread of infectious diseases. In the light of this objective, awareness was created among the B.Ed trainees and also to children of Ellupur village as it is the adopted village of TNTEU in association with Indhira College of Education, Pandur.

As Handwashing Played a significant and prime role in eradicating COVID-19 and various other contagious diseases, proper handwashing practices were taught to, children and were made to handwash. As a result, majority of primary school children demonstrated a good understanding and of the importance of handwashing and the correct technique.





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## INDHIRA COLLEGE OF EDUCATION

### 3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION

#### HERITAGE AND CULTURE DEBATE CONDUCTED BY INDHIRA COLLEGE OF EDUCATION ORGANIZED BY SRI VEERARAGHAVASWAMI DEVASTHANAM REPORT 3

**Date** : 26.09.2022  
**Place** : Sri Veeraraghavaswami Devasthanam, Tiruvallur  
**Programme Category** : Debate

#### **Introduction:**

Sri Veeraraghavaswami Devasthanam, a renowned temple dedicated to Lord Vishnu, organized a thought-provoking debate on the topic of "Heritage and Culture" at Indhira College of Education. Special address by Smt.Indira Raajendran. Debate Judge Mrs. U. Visalatchi. 8 B.Ed students participated for this debate. The event aimed to engage students and scholars in discussing the significance of preserving and promoting heritage and culture in contemporary society.

#### **Event Highlights:**

1. **Diverse Participation:** The debate witnessed enthusiastic participation from students, faculty members, and experts in the field of heritage and culture. Participants represented diverse backgrounds, offering a rich variety of perspectives on the topic.
2. **Structured Debate Format:** The debate followed a structured format, with participants divided into teams representing different viewpoints on the importance of heritage and culture. This format allowed for a comprehensive exploration of the subject, covering various dimensions and arguments.

3. **In-depth Discussions:** Participants engaged in in-depth discussions, addressing key aspects such as the role of heritage in identity formation, the impact of globalization on traditional cultures, and the ethical considerations in heritage preservation.
4. **Expert Insights:** The event featured insights from experts in heritage conservation and cultural studies, who provided valuable inputs and guidance to the participants. Their expertise enriched the debate and added depth to the discussions.
5. **Interactive Sessions:** Interactive sessions were held throughout the event, allowing participants to pose questions, share personal experiences, and exchange ideas. This interactive format fostered a dynamic learning environment and encouraged active engagement from all attendees.
6. **Promotion of Cultural Awareness:** The debate served as a platform for promoting cultural awareness and appreciation among the participants. By exploring diverse perspectives and engaging in constructive dialogue, attendees gained a deeper understanding of the significance of heritage and culture in society.

### **Conclusion:**

The Heritage and Culture Debate organized by Sri Veeraraghavaswami Devasthanam at Indhira College of Education was a resounding success, fostering meaningful discussions and insights into the importance of preserving and promoting our rich cultural heritage. The event not only highlighted the value of heritage in shaping collective identities but also underscored the need for concerted efforts to safeguard cultural diversity in an increasingly globalized world. Such initiatives play a crucial role in nurturing a sense of pride and belonging towards our cultural heritage, ensuring its continuity for future generations to cherish and celebrate.

## DEBATE ON HERITAGE AND CULTURE



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## **INDHIRA COLLEGE OF EDUCATION**

### **3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

#### **AWARENESS PROGRAMME ON HEALTH AND HYGIENE**

#### **REPORT 4**

**Date** : 08.10.2024  
**Place** : Indhira College Education  
**Programme Category** : Women Empowerment

Indhira College of Education takes pride in its commitment to community engagement and empowerment. Understanding the pivotal role of women in societal development, the college initiated an Awareness Programme on Health and Hygiene specifically tailored for girl children. This report outlines the objectives, activities, outcomes, and future prospects of the program.

#### **Objectives:**

1. To educate women on the importance of health and hygiene in daily life.
2. To raise awareness about common health issues affecting women.
3. To impart practical knowledge and skills related to personal hygiene and sanitation.
4. To empower women to take charge of their health and well-being.

#### **Outcomes:**

1. Increased Awareness: Participants demonstrated improved understanding of health and hygiene concepts, including the significance of preventive healthcare measures.
2. Behavior Change: Many women reported adopting healthier habits such as regular handwashing, proper sanitation practices, and seeking timely medical assistance when needed.
3. Empowerment: Women expressed enhanced confidence in managing their health and making informed decisions about their well-being.



4. **Community Engagement:** The program fostered a sense of community among participants, encouraging peer support and collective efforts towards better health outcomes.

**Future Prospects:**

1. **Sustainability:** Plan to establish ongoing health and hygiene initiatives, including regular workshops and follow-up sessions to ensure long-term impact.
2. **Expansion:** Explore opportunities to extend the program to neighboring communities and reach a larger audience of women.
3. **Collaboration:** Strengthen partnerships with local healthcare providers, NGOs, and government agencies to maximize resources and expertise.
4. **Evaluation:** Continuously assess the effectiveness of the program through feedback mechanisms and impact assessments to refine strategies and tailor interventions to the evolving needs of women.

**Conclusion:** The Awareness Programme on Health and Hygiene for Women conducted by Indhira College of Education has been instrumental in empowering women with essential knowledge and skills to prioritize their health and well-being. By fostering awareness, promoting behavior change, and encouraging community engagement, the program has laid a foundation for sustainable improvements in women's health outcomes. Moving forward, the college remains committed to advancing women's health and hygiene initiatives, contributing to a healthier and more empowered society.

## AWARENESS PROGRAMME ON HEALTH AND HYGIENE FOR GIRL CHILDREN





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## INDHIRA COLLEGE OF EDUCATION

### 3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION

#### YOUTH AWAKENING DAY

#### REPORT 5

<b>Date</b>	<b>: 29.10.2022</b>
<b>Place</b>	<b>: Pattaraiperumbudhur village</b>
<b>Programme Category</b>	<b>: YOUTH AWAKENING DAY - RALLY</b>

In honor of the esteemed Dr. APJ Abdul Kalam's birthday, a visionary leader and advocate for youth empowerment and education, the B.Ed and M.Ed students of Indhira College of Education organized a Youth Awakening Day Rally. This event served as a tribute to Dr. Kalam's legacy and sought to inspire and empower students to actively contribute to societal progress. This report highlights the objectives, activities, outcomes, and future plans of the rally.

#### **Objectives:**

1. To commemorate the birthday of Dr. APJ Abdul Kalam and celebrate his contributions to youth empowerment and education.
2. To raise awareness among B.Ed and M.Ed students about the values and principles embodied by Dr. Kalam, including perseverance, innovation, and social responsibility.
3. To inspire students to emulate Dr. Kalam's commitment to excellence, leadership, and service to society.
4. To foster a sense of civic responsibility and encourage students to become proactive agents of positive change in their communities.

#### **Activities:**

1. **Rally March:** Led a spirited rally through the streets, carrying banners, placards, and portraits of Dr. Kalam, while chanting slogans that encapsulated his ideals and vision for India's youth.

## **Outcomes:**

1. **Tribute and Inspiration:** The rally served as a fitting tribute to Dr. APJ Abdul Kalam, inspiring students with his exemplary life and teachings, and motivating them to strive for excellence in their endeavors.

**Conclusion:** The Youth Awakening Day Rally organized by B.Ed and M.Ed students of Indhira College of Education was a heartfelt tribute to Dr. APJ Abdul Kalam's enduring legacy and a celebration of youth empowerment and inspiration. By honoring Dr. Kalam's values and teachings, the event inspired students to embody the spirit of leadership, innovation, and service in their own lives, contributing to a brighter future for themselves and society as a whole. Moving forward, the students remain committed to carrying forward Dr. Kalam's vision and making a positive impact in their communities and beyond.

## **YOUTH AWAKENING DAY - RALLY**



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## INDHIRA COLLEGE OF EDUCATION

### 3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION

#### PLASTIC FREE TOMORROW: A RALLY ADVOCATING FOR SUSTAINABLE PRACTICES BY B.ED AND M.ED STUDENTS

#### REPORT 6

**Date** : 29.10.2022  
**Place** : Pandur Village  
**Programme Category** : NSS – YELLOW BAG RALLY

In response to the pressing need for environmental conservation and sustainable practices, the B.Ed and M.Ed students of Indhira College of Education organized a Yellow Bag Rally as part of the "Plastic-Free Tomorrow" campaign. The rally aimed to raise awareness about the detrimental effects of plastic pollution and promote eco-friendly alternatives among the local community. This report encapsulates the objectives, activities, outcomes, and future prospects of the event.

#### **Objectives:**

1. To raise awareness about the adverse effects of plastic pollution on the environment and human health.
2. To encourage the adoption of sustainable practices, including reducing, reusing, and recycling plastic.
3. To engage the local community in collective action towards a plastic-free future.
4. To inspire behavioral change and promote the use of eco-friendly alternatives to plastic.

#### **Activities:**

1. **Yellow Bag Distribution:** Distributed reusable yellow bags to participants and community members as symbols of commitment to reducing plastic usage.

2. **Rally March:** Organized a colorful rally through the streets, carrying banners, placards, and wearing yellow attire to attract attention and spread the message of plastic-free living.

**Outcomes:**

1. **Increased Awareness:** The rally succeeded in reaching a wide audience, sparking conversations about plastic pollution and sustainability within the community.
2. **Behavioral Change:** Many participants expressed a willingness to reduce their plastic usage and adopt eco-friendly practices in their daily lives.
3. **Community Empowerment:** The event fostered a sense of solidarity and collective responsibility among participants, motivating them to take proactive steps towards a plastic-free future.
4. **Public Support:** The initiative garnered support from local stakeholders, including businesses and policymakers, signaling a growing commitment to addressing plastic pollution at the grassroots level.

**Conclusion:** The Yellow Bag Rally organized by B.Ed and M.Ed students of Indhira College of Education exemplifies the power of collective action and community engagement in addressing environmental challenges. By raising awareness, promoting behavioral change, and fostering community empowerment, the event has laid the groundwork for a more sustainable and plastic-free tomorrow. Moving forward, the students remain committed to advocating for environmentally responsible practices and inspiring positive change in their communities.

## YELLOW BAG RALLY



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**INDHIRA COLLEGE OF EDUCATION (12306)**

**3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**TREE PLANTATION AT PUE SCHOOL, ELLUPUR VILLAGE**

**REPORT-7**

**Date** : 5.11.2022

**Place** : Ellupur Village

**Programme Category** : Tree Plantation at PUE School

B.Ed and M.Ed students organized a tree plantation drive in Ellupur Village, fostering environmental awareness and community engagement. With shovels in hand, they planted a variety of saplings, enhancing the village's greenery. The initiative aimed to combat deforestation and promote sustainability. Villagers enthusiastically joined, making it a collaborative effort. This hands-on experience provided students practical insight into environmental conservation, complementing their academic knowledge. The event not only beautified the surroundings but also strengthened bonds between the educational institution and the community. Overall, it served as a small yet impactful step towards a greener, more sustainable future for Ellupur Village.

**Objective:**

The primary objective of the tree plantation event was to promote environmental awareness, combat climate change, and contribute to the greening of our Society. It was an initiative to engage students, faculty, and staff in a meaningful and eco-friendly activity.

## TREE PLANTATION AT PUE SCHOOL, ELLUPUR VILLAGE



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**INDHIRA COLLEGE OF EDUCATION (12306)**

**3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**BREAKING CHAINS: ANTI DRUG ABUSE AWARENESS EXHIBITION**

**REPORT 8**

**Date** : 25.11.2022  
**Place** : Manavala Nagar  
**Programme Category** :Exhibition

The Drug Abuse Awareness Exhibition held at Manavala Nagar by Indira College of Education collaboration with Indira College of Nursing was a pivotal event aimed at addressing the scourge of substance abuse in the community. Through a variety of informative displays, interactive sessions, and expert talks, the exhibition provided attendees with a comprehensive understanding of the dangers associated with drug abuse and addiction. Students, faculty, and community members actively participated, demonstrating their commitment to combating this pressing issue. The exhibition served as a platform for dialogue, education, and collaboration, empowering individuals with knowledge and resources to prevent and address drug-related challenges effectively. Overall, it was a significant step towards fostering a healthier and drug-free community in Manavala Nagar.

## ANTI DRUG ABUSE AWARENESS EXHIBITION 25.11.2022





## **INDHIRA COLLEGE OF EDUCATION (12306)**

### **3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

#### **AIDS DAY – OATH TAKING**

#### **REPORT 9**

**Date** : 1.12.2022

**Place** : Indhira College of Education

**Programme Category** : NSS- AIDS DAY – OATH TAKING PROGRAMME

On AIDS Day, B.Ed and M.Ed students of Indhira College of Education organized an impactful oath-taking program dedicated to raising awareness about HIV/AIDS. The event commenced with a solemn ceremony where students, faculty, and community members gathered to pledge their commitment to fighting the stigma associated with HIV/AIDS and promoting awareness and prevention efforts.

Throughout the program, informative presentations, skits, and speeches were delivered, emphasizing the importance of safe practices, destigmatization, and access to healthcare services. Expert speakers provided valuable insights into the current status of HIV/AIDS and the significance of education in combating the disease.

The oath-taking segment was the highlight of the event, as participants solemnly vowed to uphold principles of inclusivity, support, and compassion towards individuals affected by HIV/AIDS. The program concluded with a renewed sense of purpose and solidarity among attendees, reaffirming their dedication to creating a more informed and supportive community.

Overall, the AIDS Day oath-taking program by B.Ed and M.Ed students at Indhira College of Education served as a poignant reminder of the on going fight against HIV/AIDS and the crucial role that education plays in shaping a healthier and more compassionate society.

## AIDS DAY – OATH TAKING PROGRAMME 1.12.2022



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**INDHIRA COLLEGE OF EDUCATION (12306)**

**3.3.1 REPORT OF OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION**

**CONSUMER AWARENESS RALLY**

**REPORT 10**

**Date** : 15.03.2022  
**Place** : Indhira College of Education  
**Programme Category** : CONSUMER CLUB - RALLY

B.Ed and M.Ed students organized a dynamic Consumer Awareness Rally in Kaivandur Village, showcasing their commitment to community education. Colorful banners and spirited chants characterized the procession, as students engaged villagers with informational materials on consumer rights and fair trade practices. Interactive skits vividly illustrated common consumer issues. The rally culminated in a gathering where students delivered impassioned speeches, emphasizing the importance of informed decision-making. Esteemed guests Panchayat President Mr. S. Murugan, enriched the discourse. This impactful event empowered villagers with knowledge to make informed choices, exemplifying the students' dedication to fostering responsible consumerism and positive change within the community.

**RALLY ON CONSUMER AWARENESS 15.03.2022**

