INDHIRA COLLEGE OF EDUCATION

PANDUR, THIRUVALLUR-631203

WORK SHOP ON YOGA TRAINING

The Indhira College of Education organized a one-day Yoga Training Workshop on 10/01/2023. The aim of the workshop was to provide participants with theoretical knowledge and practical experience in yoga, enabling them to integrate this ancient practice into their teaching methodologies.





INDHIRA COLLEGE OF EDUCATION PANDUR, THIRUVALLUR-631203 SEMINAR ON NEP 2020













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